



Adult New Member Physical

(within 90 days of enrollment)

Allergies:

Date: _____

Name: _____ ID#: _____ Sex: _____ Age: _____

Address: _____ Phone: _____

Primary Language: English Other List: _____ Advance Directives Acknowledgement: Yes No

◆ **Vital Signs:** BP _____ P _____ R _____ T _____ Ht _____ Wt _____
 Visual Acuity 20/ _____

◆ **Past Medical/Surgical History** _____

◆ **Current Medications:** _____

◆ **Social History:** Alcohol _____ Tobacco _____ Drugs _____ Domestic Violence Screening Y N/A

◆ **Family History:** _____

◆ **Systems Review**

| | | | |
|------------------|---|---------------------------------|---|
| Constitutional | Fever <input type="checkbox"/> Y <input type="checkbox"/> N Weight Gain <input type="checkbox"/> Y <input type="checkbox"/> N Weight loss <input type="checkbox"/> Y <input type="checkbox"/> N Night Sweats <input type="checkbox"/> Y <input type="checkbox"/> N Insomnia <input type="checkbox"/> Y <input type="checkbox"/> N | Renal/Urological Gynecologic | Dysuria <input type="checkbox"/> Y <input type="checkbox"/> N Urinary hesitancy <input type="checkbox"/> Y <input type="checkbox"/> N Hematuria <input type="checkbox"/> Y <input type="checkbox"/> N Sexual dysfunction <input type="checkbox"/> Y <input type="checkbox"/> N Genital Discharge <input type="checkbox"/> Y <input type="checkbox"/> N |
| Head and Neck | Visual Changes <input type="checkbox"/> Y <input type="checkbox"/> N Eye pain <input type="checkbox"/> Y <input type="checkbox"/> N Nasal bleeds <input type="checkbox"/> Y <input type="checkbox"/> N Sore throat <input type="checkbox"/> Y <input type="checkbox"/> N Hoarseness <input type="checkbox"/> Y <input type="checkbox"/> N Pain in gums <input type="checkbox"/> Y <input type="checkbox"/> N Ear pain <input type="checkbox"/> Y <input type="checkbox"/> N Hearing Loss <input type="checkbox"/> Y <input type="checkbox"/> N | Musculoskeletal | Joint Pain <input type="checkbox"/> Y <input type="checkbox"/> N Muscle pain <input type="checkbox"/> Y <input type="checkbox"/> N Back pain <input type="checkbox"/> Y <input type="checkbox"/> N Joint swelling <input type="checkbox"/> Y <input type="checkbox"/> N |
| | | Neurological | H/A <input type="checkbox"/> Y <input type="checkbox"/> N Seizure <input type="checkbox"/> Y <input type="checkbox"/> N Syncope <input type="checkbox"/> Y <input type="checkbox"/> N Weakness <input type="checkbox"/> Y <input type="checkbox"/> N Ataxia <input type="checkbox"/> Y <input type="checkbox"/> N Loss of sensation <input type="checkbox"/> Y <input type="checkbox"/> N Difficulty speaking <input type="checkbox"/> Y <input type="checkbox"/> N |
| Respiratory | Dyspnea <input type="checkbox"/> Y <input type="checkbox"/> N Hemoptysis <input type="checkbox"/> Y <input type="checkbox"/> N Cough <input type="checkbox"/> Y <input type="checkbox"/> N Wheezing <input type="checkbox"/> Y <input type="checkbox"/> N | Endocrine | Polyuria <input type="checkbox"/> Y <input type="checkbox"/> N Polydipsia <input type="checkbox"/> Y <input type="checkbox"/> N Fatigue <input type="checkbox"/> Y <input type="checkbox"/> N |
| Cardiovascular | Chest pain <input type="checkbox"/> Y <input type="checkbox"/> N Palpitations <input type="checkbox"/> Y <input type="checkbox"/> N Pedal Edema <input type="checkbox"/> Y <input type="checkbox"/> N | Hematologic | Anemia <input type="checkbox"/> Y <input type="checkbox"/> N Easy bruising <input type="checkbox"/> Y <input type="checkbox"/> N |
| Gastrointestinal | Dysphagia <input type="checkbox"/> Y <input type="checkbox"/> N Vomiting <input type="checkbox"/> Y <input type="checkbox"/> N Diarrhea <input type="checkbox"/> Y <input type="checkbox"/> N Constipation <input type="checkbox"/> Y <input type="checkbox"/> N Melena <input type="checkbox"/> Y <input type="checkbox"/> N Dyspepsia <input type="checkbox"/> Y <input type="checkbox"/> N Abdominal Pain <input type="checkbox"/> Y <input type="checkbox"/> N | Immunologic | Hives <input type="checkbox"/> Y <input type="checkbox"/> N Allergy to foods <input type="checkbox"/> Y <input type="checkbox"/> N |

| Examination | √=Normal | Comments (required for abnormal findings) |
|-----------------------------------|----------|---|
| General | | |
| Head | | |
| EENT | | |
| Neck | | |
| Chest and Lungs | | |
| Breasts | | |
| Cardiovascular | | |
| Abdomen | | |
| GU | | |
| Rectal/Fecal Occult Blood Testing | | |
| Female: Pelvic | | |
| Extremities | | |

◆ **Diagnosis:** _____

◆ **Plans:** _____

◆ **Diagnostic Studies Ordered:** (required labwork) Urinalysis Hgb/Hct

◆ **Old Records** Requested From Dr: _____ Date: _____

◆ **Screening Requirements**

| Cardiac | | | Diabetes | | | Female Member | | |
|---------------------|-------------------|-------------------|---------------------|----------------------|-------------------|---------------------|-----------------------|-------------------|
| √=Ordered /Referred | ---or--- | Date Done/ Result | √=Ordered /Referred | ---or--- | Date Done/ Result | √=Ordered /Referred | ---or--- | Date Done/ Result |
| | LDL-C | | | HgbA1c | | | Mammogram | |
| | MI | | | LDL-C | | | PAP Test | |
| | Beta Blocker | | | Microalbuminuria | | | STD screen /Chlamydia | |
| | CHF | | | Eye Exam | | | | |
| | ACE Inhibitor | | | Immunizations | | | | |
| | LVEF-Echo or MUGA | | | Pneumococcal | | | | |
| | | | | Influenza | | | | |

Physician's Name: _____

Signature: _____