



What is PCMH?

A Patient-Centered Medical Home (PCMH) is a model of care that transforms the way primary care is delivered by emphasizing communication and care coordination. It encourages patients to become active participants in their health decisions. The result is improved efficiency and healthcare quality.

PCMH Concepts:

- Comprehensive primary care that looks at the whole person, not just today's illness.
- Led by the patient's personal clinician, each team member works to the top of their license.
- Advanced application of health information technology and data to communicate, manage your patient population and to measure results.
- Patient-centered care that plans for patient health, closely tracking and following care transitions and managing chronic care implementation.
- Engaging patients, family and caregivers in new ways in care planning and practice settings.
- Integrating physical and behavioral health for the overall health of patients.



www.wellcare.com/Nebraska
<http://dhhs.ne.gov/heritagehealth>



Becoming a Patient Centered Medical Home



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PCMH Practice Results:

- ✓ Improved outcomes for patients
- ✓ Engagement with patients and families
- ✓ Patient satisfaction with care
- ✓ Readiness for value based financial incentives
- ✓ Higher satisfaction for clinicians and staff
- ✓ Efficiency of clinic processes
- ✓ Better value for patients and total cost to healthcare systems



Contact WellCare's PCMH program for an assessment and assistance.

How to Begin...

Start small with a quality and process-improvement project then build upon initial successes.

Use data to understand and manage your patients, identifying and stratifying patient needs.

- Develop care plans with patients who have chronic conditions and their family caregivers.
- Build a high value medical neighborhood and learn how to best use the social supports of your community for your patients.



WellCare can provide the following:

Coaching Assistance:

Take advantage of free coaching for PCMH transformation on quality and process improvements.

Consultant Services:

Consultants provide resources and answer specific questions on PCMH quality improvement concepts. They also offer support gaining recognition for your PCMH efforts.

CommUnity:

WellCare's CommUnity resource line offers members and providers local and state resources for basic needs and social determinants.



For more information,
please email
NE_PCMH@wellcare.com
or call **402-547-0383**