

PATIENT FAX ALERT



WellCare Health Plans, Inc.

****ATTACH TO PATIENT'S CHART****

Physician: _____ Today's Date: _____
Patient: _____ Admitted To: _____
Member ID: _____ Admit Date: _____
Diagnosis: _____ Discharge Date: _____

This member was recently hospitalized and our records reflect the following lab results.

HbA1C Date: **2/4/2007** Level: **8.5** LDL-C Date: **12/12/2007** Level: **128**

If you are considering medication therapy changes or additions please refer to our applicable preferred drug list below.

Preferred Drug List:

Sulfonylureas: glipizide, glyburide, glimepiride, glipizide XL, chlorpropamide, tolazamide, tolbutamide

Biguanides: metformin

Thiazolidinediones: Avandia®

Combination Medications: Avandamet®, Avandaryl®, Glucovance®

Meglitinides: Starlix, Prandin

Alpha-Glucosidase Inhibitors

Insulins: Humulin®, Humulin Pens®, Humalog®, and Lantus®

For lipid management:

Statins: Lovastatin, Simvastatin®, Pravastatin®, Lescol XL®, Crestor®, Lipitor®, Vytorin (combination of simvastatin and Zetia)

Bile Acid Sequestrants

Niacin: Niacor®

Fibrates: gemfibrozil, fenofibrate, Lofibra

***Note medication coverage is subject to generic, brand and co-pay benefit structure.**

American Diabetes Association Guidelines* Recommend:

- HbA1C measured two times per year, if stable; quarterly if not stable
- HbA1C Level: <6.0%
- Lipid Profile (LDL-C screening) at least once a year
- LDL-C <100mg/dl, fasting triglycerides < 150 mg/dl, and total cholesterol < 200 mg/dl
- Retinal eye exam performed annually (Refer to Primary Plus for Medicaid 1-800-749-5855)
- Urinalysis for Microalbuminuria: at least annually (dipstick or quantitative)
- Annual dental exam, and thorough foot exam by a physician/podiatrist
- Regular counseling on tobacco cessation, diet and exercise modification

* Adaptation & Excerpts from the 2004 Clinical Practice Guidelines of the American Diabetes Association (Full text may be accessed via www.diabetes.org or 1-800-DIABETES).

Address questions to our Diabetes Disease Management Program 1-866-593-2538.

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