



GET MORE FROM YOUR HEALTH CARE

ADDITIONAL BENEFITS



We're happy to be the provider of your MO HealthNet Managed Care benefits. We offer extra benefits to help you and your family be at your best.

This insert tells you about our benefits and how they apply to you. Questions about other benefits? Please see the *Services* section of your Member Handbook.

You can also call Member Services to learn about your benefits. We're happy to help. Please call us toll-free at 1-800-322-6027. TTY users may call 1-800-735-2966. You may also visit us at www.missouricare.com.

IMPROVING BIRTH OUTCOMES AND HEALTH OF NEWBORNS

CHILDBIRTH & BREASTFEEDING CLASSES



Childbirth and breastfeeding education classes at no cost to members

What's Covered

Class fees

Who's Eligible

Pregnant members

BABY SHOWERS

Let us shower you with fun and share information about:

- Pre- and post-delivery care
- Healthy eating
- family planning

What's Covered

Baby shower events held at various locations

Who's Eligible

Pregnant members

MEALS



If you had a baby recently you may be able to get 10 meals after discharge from the hospital

What's Covered

10 meals per authorization

Who's Eligible

- Members who have delivered a baby within the past 2 weeks and have been released from inpatient hospital
- Must be working with a Care manager
- Prior approval is required
- Member must be enrolled and working with a care manager in an active treatment plan with appropriate provider

ELECTRIC BREAST PUMP

Members can get one electric breast pump every two years

What's Covered

Electric breast pump

Who's Eligible

- Any member who has delivered in the past 30 days
- Members with a baby in NICU, have up to 90 days to request breast pump after delivery
- Proof of birth needed

MATERNITY SUPPORT HOSE & SUPPORT BELTS

We want you to be as comfortable as possible during your pregnancy

What's Covered

Maternity support hose and support belts provided at no cost and with no prior approval needed

Who's Eligible

Pregnant members



IMPROVING BIRTH OUTCOMES AND HEALTH OF NEWBORNS *continued*

MATERNITY PROGRAM

Having a baby is an exciting time, but you may have questions or need support

What's Covered

- OB Nurses available 24 hours a day, 7 days a week
- 17P injections give at home to help prevent premature birth
- Home visits and weekly assessments
- Education and high-risk pregnancy monitoring

Who's Eligible

Pregnant members

CELLPHONE



Active Missouri Care members who have a High-Risk Pregnancy diagnosis
You can get a cellphone at no cost if:

- You are in a high-risk pregnancy
- You are in a care-management program
- You do not currently have a telephone

Phones include unlimited texts and programmed numbers for doctors, care managers and social workers.

What's Covered

Cellphone

Who's Eligible

- Missouri Care members who have a high-risk pregnancy
- Member who is enrolled in the Prenatal Case Management Program
- Member must be complete a comprehensive assessment and care plan
- Member who is compliant with greater than 60% of the OB, MFM, and/or specialist appointments
- Member who meets one or more clinical diagnoses for high risk OB



IMPROVING OVERALL HEALTH AND WELLNESS

VISION CAMP



One-week camp lets kids with vision loss to participate in social and leisure activities

What's Covered

Vision camp fees

Who's Eligible

Children with low vision, ages 5 to 18 years old

DIABETES CAMP

Provides education and guidance on the basics of diabetes geared to the appropriate age levels

What's Covered

Diabetes camp fees

Who's Eligible

Children with insulin-dependent diabetes (must be medically indicated and requested by an endocrinologist)

PEAK FLOW METERS

Breathe easy knowing you can help prevent an asthma attack with a peak flow meter. These meters measure how well air moves out of your lungs.

What's Covered

Peak flow meter

Who's Eligible

Members with asthma

IMPROVING OVERALL HEALTH AND WELLNESS *continued*

ENHANCED TRANSPORTATION



Getting to your appointments is the first step in you staying healthy.

What's Covered

Trips to:

- A pharmacy right after a medical appointment
- WIC appointments
- Child birthing, breastfeeding or similar classes
- Hospital for parents visiting a child
- Methadone clinic
- Behavioral health inpatient
- Residential facility for parents to take part in family therapy
- Weight Watchers® (Members enrolled in Program under 16 accompanied by an adult)
- Curves (fitness clubs) (Members enrolled in Program under 16 accompanied by an adult)

Who's Eligible

All Missouri Care members (some exclusions may apply)

HYPOALLERGENIC BEDDING

If you have asthma, dust mites may spur an attack. Qualified members with asthma can get a set of hypoallergenic mattress and pillow casing.

What's Covered

Hypoallergenic Bedding

Who's Eligible

- Members in a treatment plan for asthma with a provider
- Members who participate in a Care Management program
- Members who complete a comprehensive assessment and care plan
- Members diagnosed with asthma triggered by dust mites
- Members who complete an *Asthma Action Plan*

PHYSICAL AND BEHAVIORAL HEALTH SERVICES

ART THERAPY

Making art can support your sense of well-being. Art Therapy is available if you're undergoing cancer treatment, suffering from emotional abuse and post-traumatic stress disorders, or diagnosed with autism. Art Therapy is used to express feeling without words.

What's Covered

Art Therapy

Who's Eligible

Missouri Care members 3 and older

EQUINE THERAPY

Members diagnosed with autism receive 10 horseback-riding sessions per year

What's Covered

10 horseback-riding sessions per year

Who's Eligible

Missouri Care members 6 or older in an active treatment plan with an appropriately designated provider

CAREGIVER INFLUENZA VACCINE



Your family needs you to be well, too! This is why we offer a no-cost influenza vaccine to caregivers of Missouri Care members who live in the same household.

What's Covered

Influenza vaccine

Who's Eligible

Caregivers of Missouri Care members who are uninsured

CAREGIVER PERTUSSIS (WHOOPING COUGH) VACCINE

We also offer a no-cost pertussis vaccine to caregivers of Missouri Care members

What's Covered

Pertussis vaccine

Who's Eligible

Caregivers of Missouri Care children who are uninsured

IMPROVING HEALTH OUTCOMES THROUGH COMMUNITY ENGAGEMENT

BOY SCOUTS



No-cost membership to the Boy Scouts

What's Covered

Annual membership (summer camp not offered)

Who's Eligible

Missouri Care members*

BOYS & GIRLS CLUBS

No-cost membership to the Boys & Girls Clubs

What's Covered

Annual membership (does not include summer and program fees)

Who's Eligible

Missouri Care members*

GIRL SCOUTS



No-cost membership to the Girl Scouts

What's Covered

Annual membership (summer camp not offered)

Who's Eligible

Missouri Care members*

4-H CLUB

No-cost membership to the 4-H Club

What's Covered

Annual membership (summer camp not offered)

Who's Eligible

Missouri Care members*

CONCIERGE/WELCOME ROOM

Welcome Rooms are open in Cape Girardeau and St. Joseph, MO. We want to offer you support for medical and non-medical needs.

These include:

- Help applying for coverage
- Access to telehealth services
- Transportation assistance
- Community support needs

What's Covered

Member support services

Who's Eligible

All Missouri Care members

* = Members can only sign-up for one program per year out of Boy Scouts, Girl Scouts, Boys & Girls Clubs and 4-H Club.



IMPROVING HEALTH OUTCOMES THROUGH COMMUNITY ENGAGEMENT *continued*

CURVES® COMPLETE

Find your own version of fit with a workout designed for you.

What's Covered

- Membership fees for 3 months
- Transportation to CURVES

Who's Eligible

All qualified Missouri Care members age 12 and older (Members under 16 must be accompanied by an adult)

WEIGHT WATCHERS®

Manage your weight with no-cost access to Weight Watchers meetings and online subscriptions.

What's Covered

- Membership fees for up to 26 meetings per year
- Transportation to Weight Watchers

Who's Eligible

All qualified Missouri Care members age 13 and older (Members under 16 must be accompanied by an adult)

HISET

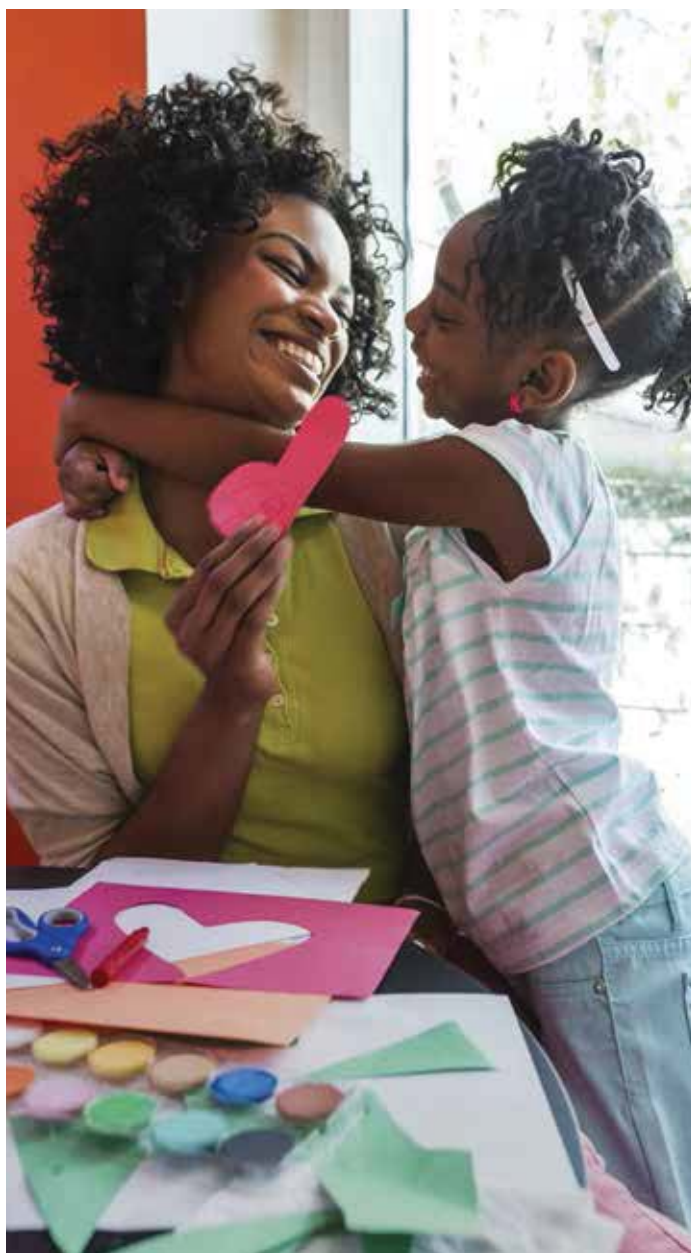
Cover the cost of the HiSET exam for members 16 and older who are not enrolled in high school and do not have a diploma or equivalent certificate.

What's Covered

Cost of HiSET exam

Who's Eligible

- Missouri Care members 16 and older
- You must not have graduated from an accredited high school or received a high school equivalency certificate or diploma
- You must not be currently enrolled in a regular high school
- You must have valid ID card
- Spend a minimum of 40 hours in state-approved adult education class
- Complete the ready test and/or Official Practice Test



OTHER BENEFITS

MOBILE APP

Easy access at your fingertips! You can access your ID cards and find providers. Plus get alerts when it's time for your checkup. Visit the Apple or Android store and search *Missouri Care* to download our no-cost app.

What's Covered

Mobile App

Who's Eligible

All Missouri Care members

Missouri Care complies with all applicable federal civil rights laws. We do not exclude or treat people in a different way based on race, color, national origin, age, disability or sex.

If English is not your first language, we can translate for you. We can also give you info in other formats. That includes Braille, audio, large print and provide American Sign Language interpreter services. Just give us a call toll-free. You can reach us at **1-800-322-6027**. For TTY, call **1-800-735-2966**.

Si el español es su lengua materna, podemos brindarle servicios de traducción. También podemos proporcionarle esta información en otros formatos, como Braille, audio, letra de imprenta grande y servicios de interpretación de lenguaje de señas americano. Estos servicios se ofrecen sin cargo. Simplemente llámenos sin cargo al **1-800-322-6027**. Los usuarios de TTY deben llamar al **1-800-735-2966**.

如果中文是您的母語，我們可以為您翻譯。我們也可以用其他格式為您提供資訊，如布萊葉文、音頻及大字體，並提供美國手語翻譯服務。僅需撥打免費電話 **1-800-322-6027** 聯繫我們。TTY 使用者請撥打 **1-800-735-2966**。



