GET MORE FROM YOUR HEALTH CARE

ADDITIONAL BENEFITS
We’re happy to be the provider of your MO HealthNet Managed Care benefits. We offer extra benefits to help you and your family be at your best.

This insert tells you about our benefits and how they apply to you. Questions about other benefits? Please see the Services section of your Member Handbook.

You can also call Member Services to learn about your benefits. We’re happy to help. Please call us toll-free at 1-800-322-6027. TTY users may call 1-800-735-2966. You may also visit us at www.missouricare.com.

IMPROVING BIRTH OUTCOMES AND HEALTH OF NEWBORNS

**Childbirth & Breastfeeding Classes**

Childbirth and breastfeeding education classes at no cost to members

**What’s Covered**
Class fees

**Who’s Eligible**
Pregnant members

**Baby Showers**

Let us shower you with fun and share information about:
- Pre- and post-delivery care
- Healthy eating
- Family planning

**What’s Covered**
Baby shower events held at various locations

**Who’s Eligible**
Pregnant members

**Meals**

If you had a baby recently you may be able to get 10 meals after discharge from the hospital

**What’s Covered**
10 meals per authorization

**Who’s Eligible**
- Members who have delivered a baby within the past 2 weeks and have been released from inpatient hospital
- Must be working with a Care manager
- Prior approval is required
- Member must be enrolled and working with a care manager in an active treatment plan with appropriate provider

**Electric Breast Pump**

Members can get one electric breast pump every two years

**What’s Covered**
Electric breast pump

**Who’s Eligible**
- Any member who has delivered in the past 30 days
- Members with a baby in NICU, have up to 90 days to request breast pump after delivery
- Proof of birth needed

**Maternity Support Hose & Support Belts**

We want you to be as comfortable as possible during your pregnancy

**What’s Covered**
Maternity support hose and support belts provided at no cost and with no prior approval needed

**Who’s Eligible**
Pregnant members
**MATERNITY PROGRAM**

Having a baby is an exciting time, but you may have questions or need support.

**What’s Covered**
- OB Nurses available 24 hours a day, 7 days a week
- 17P injections given at home to help prevent premature birth
- Home visits and weekly assessments
- Education and high-risk pregnancy monitoring

**Who’s Eligible**
Pregnant members

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**CELLPHONE**

Active Missouri Care members who have a High-Risk Pregnancy diagnosis.

You can get a cellphone at no cost if:
- You are in a high-risk pregnancy
- You are in a care-management program
- You do not currently have a telephone

Phones include unlimited texts and programmed numbers for doctors, care managers, and social workers.

**What’s Covered**
Cellphone

**Who’s Eligible**
- Missouri Care members who have a high-risk pregnancy
- Member who is enrolled in the Prenatal Case Management Program
- Member must be complete a comprehensive assessment and care plan
- Member who is compliant with greater than 60% of the OB, MFM, and/or specialist appointments
- Member who meets one or more clinical diagnoses for high risk OB

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**VISION CAMP**

One-week camp lets kids with vision loss to participate in social and leisure activities.

**What’s Covered**
Vision camp fees

**Who’s Eligible**
Children with low vision, ages 5 to 18 years old

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**DIABETES CAMP**

Provides education and guidance on the basics of diabetes geared to the appropriate age levels.

**What’s Covered**
Diabetes camp fees

**Who’s Eligible**
Children with insulin-dependent diabetes (must be medically indicated and requested by an endocrinologist)

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**PEAK FLOW METERS**

Breathe easy knowing you can help prevent an asthma attack with a peak flow meter. These meters measure how well air moves out of your lungs.

**What’s Covered**
Peak flow meter

**Who’s Eligible**
Members with asthma
IMPROVING OVERALL HEALTH AND WELLNESS continued

ENHANCED TRANSPORTATION

Getting to your appointments is the first step in you staying healthy.

What’s Covered
Trips to:
- A pharmacy right after a medical appointment
- WIC appointments
- Child birthing, breastfeeding or similar classes
- Hospital for parents visiting a child
- Methadone clinic
- Behavioral health inpatient
- Residential facility for parents to take part in family therapy
- Weight Watchers® (Members enrolled in Program under 16 accompanied by an adult)
- Curves (fitness clubs) (Members enrolled in Program under 16 accompanied by an adult)

Who’s Eligible
All Missouri Care members (some exclusions may apply)

HYPOALLERGENIC BEDDING

If you have asthma, dust mites may spur an attack. Qualified members with asthma can get a set of hypoallergenic mattress and pillow casing.

What’s Covered
Hypoallergenic Bedding

Who’s Eligible
- Members in a treatment plan for asthma with a provider
- Members who participate in a Care Management program
- Members who complete a comprehensive assessment and care plan
- Members diagnosed with asthma triggered by dust mites
- Members who complete an Asthma Action Plan

PHYSICAL AND BEHAVIORAL HEALTH SERVICES

ART THERAPY

Making art can support your sense of well-being. Art Therapy is available if you’re undergoing cancer treatment, suffering from emotional abuse and post-traumatic stress disorders, or diagnosed with autism. Art Therapy is used to express feeling without words.

What’s Covered
Art Therapy

Who’s Eligible
Missouri Care members 3 and older

EQUINE THERAPY

Members diagnosed with autism receive 10 horseback-riding sessions per year

What’s Covered
10 horseback-riding sessions per year

Who’s Eligible
Missouri Care members 6 or older in an active treatment plan with an appropriately designated provider

CAREGIVER INFLUENZA VACCINE

Your family needs you to be well, too! This is why we offer a no-cost influenza vaccine to caregivers of Missouri Care members who live in the same household.

What’s Covered
Influenza vaccine

Who’s Eligible
Caregivers of Missouri Care members who are uninsured

CAREGIVER PERTUSSIS (WHOOPING COUGH) VACCINE

We also offer a no-cost pertussis vaccine to caregivers of Missouri Care members

What’s Covered
Pertussis vaccine

Who’s Eligible
Caregivers of Missouri Care children who are uninsured
**IMPROVING HEALTH OUTCOMES THROUGH COMMUNITY ENGAGEMENT**

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<td>No-cost membership to the Boy Scouts</td>
<td>No-cost membership to the 4-H Club</td>
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<td><strong>What’s Covered</strong></td>
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<td>Annual membership (summer camp not offered)</td>
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<tr>
<th><strong>BOYS &amp; GIRLS CLUBS</strong></th>
<th><strong>CONCIERGE/WELCOME ROOM</strong></th>
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<tr>
<td>No-cost membership to the Boys &amp; Girls Clubs</td>
<td><strong>Welcome Rooms</strong> are open in Cape Girardeau and St. Joseph, MO. We want to offer you support for medical and non-medical needs.</td>
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<td><strong>What’s Covered</strong></td>
<td>These include:</td>
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<td>Annual membership (does not include summer and program fees)</td>
<td>- Help applying for coverage</td>
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<td><strong>Who’s Eligible</strong></td>
<td>- Access to telehealth services</td>
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<tr>
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<th><strong>What’s Covered</strong></th>
<th><strong>Who’s Eligible</strong></th>
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<tr>
<td>No-cost membership to the Girl Scouts</td>
<td>Annual membership (summer camp not offered)</td>
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<td><strong>What’s Covered</strong></td>
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<td>Member support services</td>
<td>All Missouri Care members</td>
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* = Members can only sign-up for one program per year out of Boy Scouts, Girl Scouts, Boys & Girls Clubs and 4-H Club.
CURVES® COMPLETE

Find your own version of fit with a workout designed for you.

What's Covered
- Membership fees for 3 months
- Transportation to CURVES

Who's Eligible
All qualified Missouri Care members age 12 and older (Members under 16 must be accompanied by an adult)

WEIGHT WATCHERS®

Manage your weight with no-cost access to Weight Watchers meetings and online subscriptions.

What's Covered
- Membership fees for up to 26 meetings per year
- Transportation to Weight Watchers

Who's Eligible
All qualified Missouri Care members age 13 and older (Members under 16 must be accompanied by an adult)

HISET

Cover the cost of the HiSET exam for members 16 and older who are not enrolled in high school and do not have a diploma or equivalent certificate.

What's Covered
Cost of HiSET exam

Who's Eligible
- Missouri Care members 16 and older
- You must not have graduated from an accredited high school or received a high school equivalency certificate or diploma
- You must not be currently enrolled in a regular high school
- You must have valid ID card
- Spend a minimum of 40 hours in state-approved adult education class
- Complete the ready test and/or Official Practice Test

OTHER BENEFITS

MOBILE APP

Easy access at your fingertips! You can access your ID cards and find providers. Plus get alerts when it’s time for your checkup. Visit the Apple or Android store and search Missouri Care to download our no-cost app.

What’s Covered
Mobile App

Who's Eligible
All Missouri Care members
Missouri Care complies with all applicable federal civil rights laws. We do not exclude or treat people in a different way based on race, color, national origin, age, disability or sex.

If English is not your first language, we can translate for you. We can also give you info in other formats. That includes Braille, audio, large print and provide American Sign Language interpreter services. Just give us a call toll-free. You can reach us at 1-800-322-6027. For TTY, call 1-800-735-2966.

Si el español es su lengua materna, podemos brindarle servicios de traducción. También podemos proporcionarle esta información en otros formatos, como Braille, audio, letra de imprenta grande y servicios de interpretación de lenguaje de señas americano. Estos servicios se ofrecen sin cargo. Simplemente llámenos sin cargo al 1-800-322-6027. Los usuarios de TTY deben llamar al 1-800-735-2966.

如果中文是您的母语，我们可以为您提供翻译。我们也可以用其他格式为您提供信息，如布莱叶文、音频及大字体，并提供美国手语翻译服务。请需拨打免费电话 1-800-322-6027 联系我们。TTY 使用者请拨打 1-800-735-2966。