



YOUR 2018 OVER-THE-COUNTER (OTC) ITEMS BENEFIT





Take Advantage of Your OTC Benefit

Did you know that your OTC benefit can save you money? It can also promote good health for you and your family.

With this benefit, you can choose \$10 worth of health and wellness items every month, such as:

- Medicines to help with allergies, fever and heartburn
- Cough and cold medicine
- Toothbrushes, toothpaste and floss
- First-aid items
- Sunblock
- Vitamins

There's a long list of more than 200 items to choose from. It's also easy for you to get them. Look over the list on the next few pages. When you've made your choices and have your item numbers ready, give us a call.



Call us toll-free.

Customer Service: 1-800-608-8158

TTY: 1-877-650-0952

We're here for you Monday–Friday, 8 a.m. to 5 p.m. CST.

**Remember to use your OTC benefit every month.
If you don't use it one month, it doesn't roll over to the next.**



If you have a computer or smart phone, log in to our website. Go to www.harmonyhpi.com. (Log in with your username and password if you have one. If you don't, it's easy to sign up. Just follow the instructions.)

After you've logged in, click on the *Over-the-Counter* (OTC) Items link to get started. You'll be able to order items up to your monthly \$10 allowance. Once you place your order, we'll ship it right to your home. It's that easy!



To get the most out of your OTC benefit:

- Make sure to order your items each month. If you don't, you'll lose your \$10 allowance for that month. It will **not** carry over to the next month.
- Use your monthly order to stock up on different items.
- The OTC catalog may change every year. Be sure you order from the current catalog. You can find the current catalog on the web at harmonyhpi.com. Or call Customer Service at **1-800-608-8158** and ask to have a copy sent to you by mail.



Important reminders:

- Your OTC allowance is for your whole family, not each family member on the plan.
- Items, quantities, sizes and values may change depending on availability.
- The brand names of the OTC items listed are trademarks of each company. Your plan allows for generic items only.
- Items may vary based on the maker and availability (For example, caplets, tablets, capsule or soft gels may be substituted for one another.)
- Please allow up to 7 to 10 business days for shipping.
- Item cost may change from year to year.

Illinois Client Enrollment Services will send you information about your health plan choices when it is time for you to make a health plan choice and during your Open Enrollment period.

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH ALLERGIES				
1	Allergy Relief (Cetirizine) 10mg Tablets	Zyrtec®	30	\$10
2	Allergy Relief (Loratadine) 10mg Tablets	Claritin®	30	\$7
HELPS WITH FEVER AND PAIN				
3	Acetaminophen 325mg Tablets	Tylenol® 325mg Regular Strength Tablets	100	\$4
4	Acetaminophen 500mg Tablets	Tylenol® 500mg Extra Strength Tablets	100	\$5
5	Aspirin 325mg Tablets	Bayer® Aspirin 325mg	100	\$3
6	Aspirin 81mg Chewable	Bayer® Aspirin 81mg Chewable	36	\$3
7	Aspirin Enteric Coated 81mg Tablets	Bayer® EC Aspirin 81mg (Adult Regimen)	120	\$5
8	Aspirin Enteric Coated 325mg Tablets	Ecotrin® Tablets	100	\$4
HELPS WITH HEARTBURN AND INDIGESTION				
9	Acid Reducer (Famotidine) 10mg Tablets	Pepcid® AC Tab	30	\$6
11	Acid Reducer (Ranitidine) 75mg Tablets	Zantac® Tablets	30	\$7
12	Antacid Tablets	Tums® Tablets	150	\$5
13	Effervescent Tablets	Alka-Seltzer®	36	\$6
14	Gas Relief Caplet Extra- Strength	Gas-X® Extra Strength	30	\$4

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH UPSET STOMACH, DIARRHEA AND CONSTIPATION				
16	Adult Glycerin Suppositories	Fleet® Adult Suppositories	25	\$3
17	Anti-Diarrheal Caplets	Imodium® AD	12	\$4
18	Anti-Nausea Liquid	Emetrol®	4 oz.	\$7
19	Bisacodyl 5mg Tablets	Dulcolax® Tablets	25	\$4
231	Enema, Mineral Oil	Fleet® Mineral Oil	4.5 oz.	\$4
279	Enema, Saline Laxative	Fleet® Enema	4.5 oz.	\$2
290	Stomach Relief Flavored Liquid	Pepto-Bismol®	8 oz.	\$6
20	Laxative (Bisacodyl) 10mg Suppositories	Dulcolax® Suppositories	12	\$5
21	Stomach Relief Flavored Tablets	Pepto-Bismol® Tablets	30	\$4
22	Stool Softener Softgel	Colace® Softgels	100	\$6
HELPS WITH PAIN (FROM INJURY AND OTHER CAUSES OF PAIN)				
23	Ibuprofen 200mg Liquid Gel Caps	Advil® Liquid Gel Caps	20	\$5
24	Ibuprofen 200mg Tablets	Advil® Tablets	50	\$6
25	Naproxen Sodium 220mg Caplets	Aleve® Caplets	50	\$8

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH ARTHRITIS				
26	Arthritis Pain Relief Tablets	Tylenol® Arthritis Pain Relief Tablets	24	\$5
27	Hot/Cold Patches	Icy Hot® Patches	5	\$6
BLADDER CONTROL ITEMS				
170	Adult Bladder Control Pads	Depend® Adult Bladder Control Pads	28	\$9
200	Disposable Bed Underpads	Prevail® Disposable Bed Underpads	5	\$6
CARE ITEMS FOR CHILDREN				
198	Vitamin A & D Ointment	A&D® Ointment	1 oz.	\$3
28	Acetaminophen 80mg Chew Tabs	Tylenol® 80mg Chew Tabs	30	\$5
30	Acetaminophen Jr. Strength Chew Tab 160mg	Tylenol® Jr. Strength Chews	24	\$7
32	Children's Chewable Multi-Vitamins	Flintstones® Chewable Multi-Vitamins	100	\$8
33	Children's Ibuprofen Suspension 100mg	Motrin® Children's Suspension	4 oz.	\$10
34	Children's Acetaminophen Liquid	Tylenol® Children's Liquid	4 oz.	\$5
35	Children's Cold and Allergy Liquid	Dimetapp® Cold and Allergy Elixir	4 oz.	\$5
31	Children's Glycerin Suppositories	Fleet® Children's Glycerin Suppositories	12	\$4
270	Children's Saline Drops	Little Remedies® Children's Saline Drop	30 ml.	\$8

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
CARE ITEMS FOR CHILDREN (CONTINUED)				
36	Children's Toothbrush	GUM® Toothbrush	1	\$2
195	Children's Toothpaste	Colgate® Children's Toothpaste	3 oz.	\$3
37	Diaper Rash Ointment	Desitin® Ointment	1 oz.	\$3
38	Diphenhydramine Liquid	Benadryl® Elixir	4 oz.	\$4
39	Duofilm	Duofilm®	0.3 oz.	\$9
40	Gas Relief Drops	Mylicon® Drops	1 oz.	\$10
41	Ibuprofen Infants Drops	Motrin® Infant Drops	0.5 oz.	\$8
42	Jr. Strength Ibuprofen Chew Tabs 100mg	Motrin® Jr. Strength Tablets	24	\$7
43	Orajel Baby	Orajel® Baby	0.33 oz.	\$6
44	Poly Vitamin Drops	Enfamil® Drops	1.66 oz.	\$9
51	Premium Baby Wipes	Pampers® Baby Wipes	80	\$5
52	Tooth and Gum Cleanser	Orajel® Tooth and Gum Cleanser	1	\$6
217	Baby Shampoo Tear-Free	J&J® Baby Shampoo Tear-Free	8 oz.	\$3
218	Children's Conditioning Shampoo	J&J® Children's Conditioning Shampoo	8 oz.	\$3
299	Baby Nail Clipper	Safety 1st® Baby Nail Clipper	1	\$1

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
CARE ITEMS FOR CHILDREN (CONTINUED)				
308	Baby Wipes, Travel Size	Pampers® Baby Wipes, Travel	10	\$1
381	Baby Lotion	J&J® Baby Lotion	3.5 oz.	\$5
382	Pediatric Oral Electrolyte Solution, Fruit	Pedialyte® Electrolyte Solution Fruit	(4) 8 oz. Bottles	\$10
383	Pediatric Oral Electrolyte Solution, Cherry	Pedialyte® Electrolyte Solution Cherry	(4) 8 oz. Bottles	\$10
400	Multivitamin Gummies, Children	Little Critters® Gummies	60	\$10
420	Calcium 250mg + Vit D3 500IU Child Gummy	Little Critters® Calc+Vit D Child Gummy	30	\$10
421	Vitamin C Child Gummy, 250mg	Little Critters® Vit C Child Gummy	60	\$10
442	Sunscreen Lotion, Babies, SPF-50	Coppertone® Sunscreen for Babies SPF-50	8 oz.	\$9
HELPS WITH COUGHING, COLDS AND THE FLU				
53	APAP Sinus Congestion	Tylenol® Sinus Congestion	24	\$4
54	Cough/Throat Drops	Halls® Cough Drops	30	\$3
211	Sugar-Free Cough/Throat Drops	Halls® Sugar-Free Cough Drops	25	\$3
55	Daytime Cold/Flu Relief Softgels	DayQuil® Softgels	16	\$5
56	Daytime Cold/Flu Relief Liquid	DayQuil® Liquid	4 oz.	\$5
174	Daytime/Nite-Time Cold/Flu Caplets	Mucinex® Day/Night Caplets	20	\$5

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH COUGHING, COLDS AND THE FLU (CONTINUED)				
230	Diphenhydramine 25mg Capsules	Benadryl®	24	\$3
57	Mucus Relief DM Tablets	Mucinex® DM	30	\$9
58	Mucus Relief Tablets	Mucinex®	30	\$8
59	Nasal Decongestion Spray	Afrin® Nasal Spray	1 oz.	\$4
60	Nasal Decongestion PE Tablets	Sudafed PE® Tablets	36	\$4
61	Nite-Time Cold/Flu Relief Softgels	NyQuil® Caplets	16	\$5
62	Nite-Time Cold/Flu Relief Liquid	NyQuil® Liquid	4 oz.	\$7
63	Saline Nasal Spray	Ocean® Nasal Spray	1.5 oz.	\$3
64	Sore Throat Spray	Chloraseptic® Sore Throat Spray	6 oz.	\$5
65	Tussin DM Syrup SF	Robitussin® DM Syrup	4 oz.	\$4
66	Tussin Syrup	Robitussin® Syrup	4 oz.	\$4
67	Vapor Rub	Vicks® Vapor Rub	3.53 oz.	\$5
433	Green Tea, Multi Flu/Severe Cold Hny Lmn	Thera-Flu®, Multi-Symp Severe Cold-Lemon	6	\$9
DENTAL AND DENTURE CARE				
68	Dental Tool Kit	GUM® Dental Tool Kit	1	\$5

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DENTAL AND DENTURE CARE (CONTINUED)				
69	Denture Adhesive Cream	Fixodent®	2.4 oz.	\$5
70	Denture Cleaner	Efferdent®	40	\$4
71	Fluoride Toothpaste	Colgate®	6.4 oz.	\$4
72	Adult Toothbrush - Medium	Colgate® Toothbrush	1	\$2
73	Dental Floss	Reach® Dental Floss	1	\$2
74	Mouthwash	Listerine®	4 oz.	\$3
75	Sensitive Teeth Toothpaste	Sensodyne®	4.3 oz.	\$5
76	Toothache Relief Liquid/Gel	Anbesol® Liquid/Gel	0.33 oz.	\$4
313	Dental Floss, Waxed	Reach® Dental Floss, Waxed	55 Yards	\$1
314	Dental Floss, Mint Waxed	Reach® Dental Floss, Mint Waxed	55 Yards	\$1
315	Denture Brush	GUM® Denture Brush	1	\$1
318	Toothpaste	Colgate® Toothpaste	0.85 oz.	\$1
EAR CARE				
77	Ear Syringe	Apex® Ear Syringe	1	\$3
78	Ear Wax Drops	Debrox® Ear Wax Drops	0.5 oz.	\$7

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
EYE CARE AND HEALTH				
79	Artificial Tears	Visine® Tears	0.5 oz.	\$6
238	Eye Wash	Collyrium® Eye Wash	3.9 oz.	\$5
80	Eyeglass Repair Kit	Calabria® Eyeglass Repair Kit	1	\$5
81	Reading Glass Diopter +1.0	Optx® Reading Glass Diopter +1.00	1	\$9
82	Reading Glass Diopter +1.25	Optx® Reading Glass Diopter +1.25	1	\$9
83	Reading Glass Diopter +1.5	Optx® Reading Glass Diopter +1.50	1	\$9
84	Reading Glass Diopter +1.75	Optx® Reading Glass Diopter +1.75	1	\$9
85	Reading Glass Diopter +2.0	Optx® Reading Glass Diopter +2.00	1	\$9
86	Reading Glass Diopter +2.25	Optx® Reading Glass Diopter +2.25	1	\$9
87	Reading Glass Diopter +2.5	Optx® Reading Glass Diopter +2.50	1	\$9
88	Reading Glass Diopter +2.75	Optx® Reading Glass Diopter +2.75	1	\$9
89	Reading Glass Diopter +3.0	Optx® Reading Glass Diopter +3.00	1	\$9
90	Reading Glass Diopter +3.25	Optx® Reading Glass Diopter +3.25	1	\$9
91	Reading Glass Diopter +3.5	Optx® Reading Glass Diopter +3.50	1	\$9
92	Reading Glass Diopter +4.0	Optx® Reading Glass Diopter +4.00	1	\$9

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
EYE CARE AND HEALTH (CONTINUED)				
93	Red Eye Relief Drops	Visine® Drops	0.5 oz.	\$4
429	Eyeglass Cleaner	Bausch & Lomb® Eyeglass Cleaner	1	\$2
437	Eye Drops, Sensitive, Single Use	Visine® Eye Drops Sensitive, 1 Use	0.4 oz., 30Ct.	\$6
438	Eye Drops, Lubricating, Single Use	Visine® Eye Drops Lubricating, 1 Use	0.4 oz., 30Ct.	\$2
HELPS WITH GETTING MORE FIBER IN YOUR DIET				
94	Fiber Gummies	Vitafusion® Fiber Well Gummies	60	\$10
95	Fibertab Tablets	FiberCon® Tablets	90	\$9
281	Psyllium Powder, Orange	Metamucil® Orange	13 oz.	\$10
FIRST AID AND OTHER CARE ITEMS				
96	Adhesive First-Aid Tape	Ace® Adhesive First-Aid Tape	1	\$2
189	Aid Ankle Support	Futuro® Aid Ankle Support	1	\$7
191	Aid Elbow Support	Futuro® Aid Elbow Support	1	\$7
192	Aid Hand Support	Futuro® Aid Hand Support	1	\$7
166	Aid Knee Support	Futuro® Aid Knee Support	1	\$7
190	Aid Wrist Support	Futuro® Aid Wrist Support	1	\$7

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
FIRST AID AND OTHER CARE ITEMS (CONTINUED)				
97	Alcohol Pads	Dynarex® Alcohol Pads	100	\$3
98	Athletic Bandage	Ace® Athletic Bandage	1	\$2
99	Bandages Assorted	Band-Aids® Bandages	100	\$6
100	Butterfly Closures	Ace® Butterfly Closures	12	\$2
101	Corn and Callus Remover	Dr. Scholl's® Corn and Callus Remover	0.33 oz.	\$4
102	Cotton Balls	J & J® Cotton Balls	100	\$3
103	Cotton Swabs	Q-Tips® Cotton Swabs	150	\$3
249	Diabetic Socks Ladies Size (5-10) White	Dr. Scholl's® Diabetic Socks	3 Pack	\$7
250	Diabetic Socks Ladies Size (5-10) Black	Dr. Scholl's® Diabetic Socks	3 Pack	\$7
251	Diabetic Socks Men Size (6-12.5) White	Dr. Scholl's® Diabetic Socks	3 Pack	\$7
252	Diabetic Socks Men Size (6-12.5) Black	Dr. Scholl's® Diabetic Socks	3 Pack	\$7
258	Elastic Knee Support	Futuro® Elastic Knee Support	1	\$3
104	First Aid Kit	Ace® First Aid Kit	1	\$8
105	Flexible Tip Thermometer	Veridian® Flexible Tip Thermometer	1	\$10
236	Gauze Surgical Sponge Sterile 4"x4"	Ace® Gauze Surg. Sponge Sterile 4"x4"	2 pk 25ct (12 ply)	\$6

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
FIRST AID AND OTHER CARE ITEMS (CONTINUED)				
237	Gauze Value Surgical Sponges 4"x4"	Ace® Gauze Value Surgical Sponges 4"x4"	2 pk 25ct (12 ply)	\$5
106	Ice Bag	Carex® Ice Bag	1	\$4
187	Kitchen Scale Dial	Peachtree® Scale Dial	1	\$10
284	Liquid Bandage	Newskin® Liquid Bandage	0.0225 oz.	\$6
107	Liquid Wart Remover	Compound W® Wart Remover	0.31 oz.	\$7
108	Oral Digital Thermometer	Luminiscope® Oral Digital Thermometer	1	\$5
194	Pedometer	Omron® Pedometer	1	\$10
109	Stretch Gauze	ACE® Stretch Gauze	1	\$2
124	Thermometer Probe Covers	Welch-Allyn® Thermometer Probe Covers	30	\$3
203	Gloves, Disposable, SM (Non-Sterile)	Playtex® Disposable Gloves, SM	50	\$5
204	Gloves, Disposable, MED (Non-Sterile)	Playtex® Disposable Gloves, MED	50	\$5
205	Gloves, Disposable, LG (Non-Sterile)	Playtex® Disposable Gloves, LG	50	\$5
435	Medicated Foot Powder	Gold Bond® Medicated Foot Powder	4 oz.	\$8
316	3" Elastic Bandage	ACE® 3" Elastic Bandage	1	\$1
317	Bandages, 3/4" x 3"	ACE® Bandages, 3/4" x 3"	50	\$1

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
FIRST AID AND OTHER CARE ITEMS (CONTINUED)				
319	Surgical Tape 1" x 10Yd.	ACE® Surgical Tape	1	\$1
320	Hydrogen Peroxide	Swan® Hydrogen Peroxide	4 oz.	\$1
440	Burn Gel, Liquid	Band-Aid® Burn Gel, Liquid	2 oz.	\$5
441	Burn Gel	Band-Aid® Burn Gel	6	\$4
295	Tweezers	Revlon® Tweezers	1	\$1
305	Hot Cold Reusable pack 4"x6"	Sunbeam® Hot Cold Reusable pack	1	\$1
310	Palm Support	Futuro® Palm Support	1	\$1
312	Cotton Balls	J&J® Cotton Balls	76	\$1
HELPS WITH HEADACHES/MIGRAINES				
110	Headache Relief Tablets	Excedrin® Migraine	50	\$6
HELPS WITH HEMORRHOIDS				
111	Hemorrhoid Ointment	Preparation H® Ointment	2 oz.	\$7
112	Hemorrhoid Pads	Tucks® Medicated Pads	100	\$7
113	Hemorrhoid Relief Suppositories	Preparation H® Suppositories	12	\$7

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HELPS WITH DIGESTING MILK AND OTHER DAIRY ITEMS				
114	Lactase Enzyme	Lactaid® Tablets	60	\$10
HELPS WITH MOTION SICKNESS				
115	Motion Sickness Tablets	Dramamine® Motion Sickness	12	\$3
OTHER PERSONAL CARE ITEMS				
199	Antibacterial Bar Soap	Dove® Antibacterial Soap	1	\$3
117	Antibacterial Liquid Hand Soap Pump	Dove® Antibacterial Hand Soap	1	\$5
118	Antibacterial Wet Wipes	Kleenex® Antibacterial Wet Wipes	24	\$4
226	Bug X Repellent	Cutter® Insect Repellent	2 oz.	\$5
227	Bug X Repellent	Cutter® Insect Repellent	4 oz.	\$10
119	Calamine Lotion	Swan® Calamine Lotion	6 oz.	\$4
120	Disposable Douche Twin Pack	Summers Eve® Disposable Douche Twin Pack	1	\$7
121	Dry Skin Therapy Moisturizing Cream	Nivea® Dry-Skin Moisturizing Cream	1	\$8
215	Feminine Body Spray	Summers Eve® Feminine Body Spray	3.5 oz.	\$5
122	Feminine Hygiene Wipes	Summers Eve® Feminine Hygiene Wipes	40	\$5
123	Fever Strip Thermometer	NexTemp® Fever Strip Thermometer	1	\$3

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
OTHER PERSONAL CARE ITEMS (CONTINUED)				
125	Hand Sanitizer Spray Pen Twin Pack	Purell® Hand Sanitizer Spray Pen	1	\$3
221	Hydrogen Peroxide	Swan® Hydrogen Peroxide	8 oz.	\$2
126	Lip Balm	Chapstick®	1	\$1
127	Male Condoms	Trojan® Male Condoms	3	\$2
201	Maxi-Pads	Always® Maxi-Pads	12	\$3
219	Medical Appointment Calendar	Brownline® Medical Appointment Calendar	1	\$5
206	Medicated Anti-Dandruff Shampoo	Head & Shoulders® Anti-Dandruff Shampoo	11 oz.	\$5
135	Medicine Dropper	Apex® Medicine Dropper	1	\$2
128	Medicine Spoon	Apex® Medicine Spoon	1	\$1
130	Pill Box - 7 day 1 time a day	Aculife® Pill Box - 7 day 1 time a day	1	\$2
269	Pill Box 7 day AM & PM	Apex® Pill Box 7 day AM & PM	1	\$4
267	Pill Box 7 days 3 times a day	Apex® Pill Box 7 days 3 times a day	1	\$4
268	Pill Box 7 days 4 times a day	Apex® Pill Box 7 days 4 times a day	1	\$4
131	Pill Splitter	Apex® Pill Splitter	1	\$3
132	Pocket Facial Tissue	Kleenex® Pocket Facial Tissue	1	\$2

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
OTHER PERSONAL CARE ITEMS (CONTINUED)				
133	Pregnancy Test	E.P.T® Pregnancy Test	1	\$8
134	Tampons	Tampax® Premium Tampons	8	\$2
207	Pro-Vitamin Conditioner	Pantene® Pro-Vitamin Conditioner	13 oz.	\$4
220	Rubbing Alcohol 70%	Swan® Rubbing Alcohol 70%	16 oz.	\$3
271	Travel Health Folder 7 Pocket	Pendaflex® Travel Health Folder 7 Pocket	1	\$7
291	Hair Pick, Mini Plastic	Cricket® Hair Pick, Mini Plastic	1	\$1
292	Nail Clipper with Nail File and Keychain	Sally Hansen® Nail Clipper with File	1	\$1
293	Bath Ball	Razz® Bath Ball	1	\$1
294	Bath Glove	AquaBella® Bath Glove	1	\$1
296	Eye Brow Trimmer	Noxzema® Eye Brow Trimmer	1	\$1
297	Mini Spray Bottle	Uline® Mini Spray Bottle	1	\$1
298	Hair Comb	Nordstrom® Hair Comb	1	\$1
300	Face Mask, Disposable	Uline® Face Mask, Disposable	5	\$1
301	Nail File	Revlon® Nail File	1	\$1
302	Foot Nail Brush and Pumice Stone	Stylewurks® Foot Nail Brush & Pumice	1	\$1

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
OTHER PERSONAL CARE ITEMS (CONTINUED)				
303	Nail Clipper	Dynarex® Nail Clipper	1	\$1
304	Rain Bonnet	DofmanPacific® Rain Bonnet	1	\$1
306	Eye Mask	Bausch+Lomb® Eye Mask	1	\$1
309	Travel Adult Wipes	Cottonelle® Travel Adult Wipes	10	\$1
311	Shoe Horn	Izola® Shoe Horn	1	\$1
HELPS TREAT HEAD LICE				
136	Lice Comb	Rid® Lice Comb	1	\$3
137	Lice Treatment Shampoo	LiceMD® Lice Shampoo	4 oz.	\$10
HELPS WITH GETTING TO SLEEP				
138	Night Time Sleep Tablets (Diphenhyd.)	Sominex® Tablets	50	\$4
139	Sleep Aid Tablets (Doxylamine)	Unisom® Tablets	16	\$6
415	Melatonin Gummy 5mg	Vitafusion®, Melatonin Gummy	60	\$10
SMOKING CESSATION PRODUCTS				
196	Nicotine Gum 2mg	Nicorette® Gum 2mg	20	\$10
197	Nicotine Gum 4mg	Nicorette® Gum 4mg	20	\$10

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
OINTMENTS AND CREAMS YOU APPLY TO YOUR SKIN				
140	Anti-Itch Cream	Benadryl® Cream	1.25 oz.	\$4
278	Benzoyl Peroxide 10% Gel	Clearasil® Vanishing Cream	42.5 grams	\$5
141	Clotrimazole 1% Cream	Lotrimin® AF Cream	0.5 oz.	\$6
142	Cold Sore Treatment	Herpecin® Cold Sore Treatment	1	\$7
143	Hydrocortisone 1% Cream	Cortaid® Cream	1 oz.	\$5
144	Muscle Rub Cream	Bengay® Cream	1.25 oz.	\$3
145	Petroleum Jelly	Vaseline® Jelly	4 oz.	\$3
171	SPF 50 Sunblock	Coppertone® SPF 50 Sunblock	4 oz.	\$6
146	Tolnaftate 1% Cream	Tinactin® Cream	1.25 oz.	\$6
147	Triple Antibiotic Ointment	Neosporin® Ointment	1 oz.	\$5
413	Hydrocortisone Maximum Strength	Eczema® Maximum Strength Cream	1.0 oz.	\$3
HERBS, VITAMINS AND MINERALS				
241	Acidophilus Lactobacilli (Probiotics)	Swanson® Acidophilus Lactobacilli	60	\$9
148	Adult Multi-Vitamins	Centrum® Vitamins	100	\$8
242	Antioxidant Tablets	Puritan's Pride® Antioxidant Tablets	50	\$10

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HERBS, VITAMINS AND MINERALS (CONTINUED)				
149	Calcium 600 + Vitamin D	Caltrate® 600 + D Tablets	60	\$7
150	Calcium Tablets	Calcium® Tablets	60	\$5
246	Coconut Oil 1000mg	Nature's Bounty® Coconut Oil	60	\$10
247	Cod Liver	Swanson® Cod Liver	100	\$9
248	Coenzyme Q10 100mg	Nature's Bounty® Coenzyme Q10	30	\$10
253	Echinacea, 400mg	Puritan's Pride® Echinacea	100	\$8
255	Eucalyptus Exfoliating Body Scrub	Bath & Body Works® Eucalyptus Body Scrub	6 oz.	\$5
232	FDC Vit. B Complex with Vitamin C + Iron	Windmill® Vit. B Complex with Vit. C+Iron	100	\$6
233	FDC Vitamin D Tablets 400IU	Nature's Bounty® Vitamin D	100	\$6
234	FDC Vitamin E Softgel Tablets 400IU	Puritan's Pride® Vitamin E	100	\$10
151	Ferrous Sulfate (Iron) 325mg Tablets	Nature Made® Ferrous Sulfate, Iron 325mg	100	\$6
256	Fish Oil 1000mg	Nature Made® Fish Oil 1000mg	30	\$4
257	Flaxseed 1000mg	Nature Made® Flaxseed	100	\$10
152	Folic Acid 400mcg Tablets	Windmill® Folic Acid Tablets	100	\$4
259	Garlic Oil 500mg	Swanson® Garlic Oil	100	\$5

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HERBS, VITAMINS AND MINERALS (CONTINUED)				
260	Ginseng Complex, 100mg	Nature's Bounty® Ginseng Complex	100	\$10
261	Glucosamine & Chondroitin 1500mg	Puritan's Pride® Glucos. & Chondro.	30	\$9
262	Lavender Body Cream	Aveeno® Lavender Body Cream	6 oz.	\$3
153	Magnesium 500mg Tablets	Nature Made® Magnesium	100	\$5
263	Melatonin, 3mg	Nature Made® Melatonin	60	\$7
265	Omega 3 1000mg	Nature Made® Omega 3	100	\$10
154	Prenatal Vitamins	Stuart® Prenatal Vitamins	100	\$10
155	Vitamin A 10,000 IU Softgels	Nature's Way® Vitamin A	100	\$4
156	Vitamin B-12 100mcg	Nature Made® B-12 Vitamins	100	\$8
157	Vitamin B-Complex	Nature Made® Vitamin B-Complex	100	\$6
158	Vitamin B-Complex Gummy	Vitafusion® Vitamin B-Complex Gummy	70	\$10
159	Vitamin C 500mg Tablets	Nature Made® Vitamin C	100	\$5
193	Vitamin C Gummy	Vitafusion® Vitamin C Gummy	60	\$10
160	Vitamin E 400 IU	Nature Made® Vitamin E	100	\$8
161	Zinc 50mg Tablets	Sundown Naturals® Zinc	100	\$5

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
HERBS, VITAMINS AND MINERALS (CONTINUED)				
414	Biotin Gummy 5,000mcg	Vitafusion® Biotin Gummy	60	\$10
416	Multi-Vitamin Gummy	Vitafusion® Multi-Vitamin Gummy	60	\$10
418	Vitamin D3 Gummy, 2,000 IU	Vitafusion® Vitamin D3 Gummy	60	\$10
DAILY LIVING ITEMS				
210	Anti-Slip Safety Tread Aids	3M® Anti-Slip Safety Tread Aids	1	\$4
243	Baby - Cabinet lock	Safety 1st® Baby - Cabinet lock	4	\$10
244	Baby - Outlet cover	KidCo® Baby - Outlet cover	8	\$4
186	Button and Zipper Puller	Carex® Button and Zipper Puller	1	\$5
173	Door Knob Gripper	Safety 1st® Door Knob Gripper	1	\$6
208	Food Aid Bumper	AbleWare® Food Aid Bumper	1	\$7
175	Jar Opener/Faucet Gripper	Apex® Jar Opener/Faucet Gripper	1	\$6
176	Key Turner	Apex® Key Turner	1	\$3
177	Lamp Switch Turner	Carex® Lamp Switch Turner	1	\$3
178	Letter Opener	Quill® Letter Opener	1	\$2
179	Long Handle Bath Sponge	Bathery® Long Handle Bath Sponge	1	\$7

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
DAILY LIVING ITEMS (CONTINUED)				
209	Magnifying Glass	Insterin® Magnifying Glass	1	\$4
180	Pill Bottle Opener Aid	Apex® Pill Bottle Opener Aid	1	\$4
181	Pill Crusher	Apex® Pill Crusher	1	\$8
183	Shopping Bag Carrier	RiteAid® Shopping Bag Carrier	1	\$4
185	Toothpaste Squeezer	EzSqueez® Toothpaste Squeezer	1	\$3
327	Tub and Stair Safety Treads	Carex® Tub and Stair Safety Treads	4	\$3
373	Brace, Thumb	Futuro® Brace, Thumb	1	\$10
380	Ear Plugs	Vibes® Ear Plugs	1 Pair	\$2
384	Panty Liners, Universal Size	Always® Panty Liners	22	\$2
385	Tampons, Super Absorbency	Tampax® Tampons, Super	8	\$2
386	Tampons, Super Plus Absorbency	Tampax® Tampons, Super Plus	8	\$2
387	Maxi Pad, Super Absorbency	Always® Maxi Pad, Super	14	\$3
388	Maxi Pad, Super Max With Wings	Always® Maxi Pad, Super Max With Wings	12	\$3
389	Maxi Pad, Night Wing	Always® Maxi Pad, Night Wing	10	\$3
390	Disposable Pill Pouches	Ezy Dose® Disposable Pill Pouches	100	\$3

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
DAILY LIVING ITEMS (CONTINUED)				
391	Shoe Insert, Foam Women	Dr.Scholl's®	2 Pair	\$2
392	Shoe Insert, Foam Men	Dr.Scholl's®	2 Pair	\$2
393	Aloe Gel	Fruit of the Earth® Aloe Gel	16 oz.	\$2
395	Regular Shampoo, Non-Medicated	Dove® Shampoo	8 oz.	\$3
396	Facial Wipes	Nivea® Facial Wipes	20	\$2
397	Facial Cleanser	Neutrogena® Facial Cleanser	8.5 oz.	\$2
401	Sea Bands for Nausea and Vomiting	Acu-Strap® Sea Bands	1 Pair	\$3
403	Deodorant, Men's, Non-Medicated, Stick	Degree® Deodorant, Men's	2.25 oz.	\$3
404	Deodorant, Women's, Non-Medicated, Stick	Degree® Deodorant, Women	2.25 oz.	\$3
405	Lotion, Aloe, Non-Medicated	Jergens® Lotion, Aloe	18 oz.	\$4
406	Lotion, Cocoa Butter, Non-Medicated	Palmer's® Lotion, Cocoa Butter	18 oz.	\$4
407	Lotion, Nourishing Vitamin E, Non-Med.	Neutrogena® Lotion, Vitamin E	18 oz.	\$4
408	Laundry Detergent, H/D No Bleach, Liquid	Tide® Detergent	40 oz.	\$5
410	Flashlight, LED w/Batteries	SureFire® Flashlight	1	\$6
411	Body Wash, Cucumber	Suave® Body Wash	12 oz.	\$3

ITEM NUMBER	GENERIC ITEM	COMPARABLE TO	QTY/ SIZE	VALUE
DAILY LIVING ITEMS (CONTINUED)				
412	Body Wash, Green Tea	Dove® Body Wash	12 oz.	\$3
422	Night Light	Meridian® Night Light	1	\$2
423	Cosmetic Tweezer	Trim® Cosmetic Tweezer	1	\$2
424	Dust and Germ Mask	Uline® Dust and Germ Mask	10	\$2
425	Hair Brush & Comb Set	Safety 1st® Hair Brush & Comb Set	2 set	\$2
426	Tummy Trimmer	Leonisa® Tummy Trimmer	1	\$6
427	Inflatable Neck Cushion	Samsonite® Inflatable Neck Cushion	1	\$3
428	Manicure Beauty Set	Cala® Manicure Beauty Set	3 PC	\$2
432	Shower Cap	Firstline® Shower Cap	3	\$2

Discrimination is Against the Law

Harmony Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Harmony Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Harmony Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, Braille, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Harmony Member Services at **1-800-608-8158** (TTY: **1-877-650-0952**), Monday – Friday from 8 a.m. to 5 p.m., for help or you can ask Member Services to put you in touch with a Civil Rights Coordinator who works for Harmony Health Plan.

If you believe that Harmony Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Harmony Health Plan, Grievance Department, P.O. Box 31384, Tampa, FL 33631-3384; Telephone **1-866-530-9491**; TTY number **1-877-247-6272**; Fax: **1-866-388-1769**; **OperationalGrievance@wellcare.com**. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, a Harmony Civil Rights Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, **800-537-7697** (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call **1-800-608-8158** (TTY: **1-877-650-0952**).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-800-608-8158** (TTY: **1-877-650-0952**).

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **1-800-608-8158** (TTY: **1-877-650-0952**).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-800-608-8158** (TTY: **1-877-650-0952**)。

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-800-608-8158** (TTY: **1-877-650-0952**) 번으로 전화해 주십시오.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-800-608-8158** (TTY: **1-877-650-0952**).

لصتا. ناجمل اب كل رفاوتت ةيوغللا ةدعاسملا تامدخ نإف، ةغللا ركذا ثدحتت تنك اذا: ةظوحلم
مكبل او مصلا فتاه مقر) **1-800-608-8158** (TTY: **1-877-650-0952**).

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-800-608-8158** (TTY: **1-877-650-0952**).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો
1-800-608-8158 (TTY: **1-877-650-0952**).

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں - کال کریں
1-800-608-8158 (TTY: **1-877-650-0952**).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-800-608-8158** (TTY: **1-877-650-0952**).

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero **1-800-608-8158** (TTY: **1-877-650-0952**).

ध्यान दें: यदि आप हृदि बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं।
1-800-608-8158 (TTY: **1-877-650-0952**) पर कॉल करें।

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-800-608-8158** (TTY: **1-877-650-0952**).

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε **1-800-608-8158** (TTY: **1-877-650-0952**).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-800-608-8158** (TTY: **1-877-650-0952**).







