Nutritional Counseling
(Florida Medicaid)

Policy Number: HS-225

Original Effective Date: 9/13/2013

APPLICATION STATEMENT

The application of the Clinical Coverage Guideline is subject to the benefit determinations set forth by the Centers for Medicare and Medicaid Services (CMS) National and Local Coverage Determinations and state-specific Medicaid mandates, if any.

DISCLAIMER

The Clinical Coverage Guideline (CCG) is intended to supplement certain standard WellCare benefit plans and aid in administering benefits. Federal and state law, contract language, etc. take precedence over the CCG (e.g., Centers for Medicare and Medicaid Services [CMS] National Coverage Determinations [NCDs], Local Coverage Determinations [LCDs] or other published documents). The terms of a member's particular Benefit Plan, Evidence of Coverage, Certificate of Coverage, etc., may differ significantly from this Coverage Position. For example, a member's benefit plan may contain specific exclusions related to the topic addressed in this Coverage Position. Providers are responsible for the treatment and recommendations provided to the member. The application of the CCG is subject to the benefit determinations set forth by the Centers for Medicare and Medicaid Services (CMS) National and Local Coverage Determinations and state-specific Medicaid mandates, if any. All links are current at time of approval by the Medical Policy Committee (MPC) and are subject to change prior to the annual review date. Lines of business (LOB) are subject to change without notice; current LOBs can be found at www.wellcare.com. All guidelines can be found at this site as well but selecting the Provider tab, then "Tools" and "Clinical Guidelines".

BACKGROUND

Coverage for Nutritional Counseling for Pregnant Women includes an assessment, hands-on care, and guidance to caregivers and members with respect to nutrition. The service teaches caregivers and enrollees to follow dietary specifications that are essential to the member's health and physical functioning, to prepare and eat nutritionally appropriate meals and promote better health through improved nutrition. The service may include instructions on shopping for quality food and food preparation.
The Florida Department of Health (2013) outlines the benefits of individuals consulting with a licensed dietitian/nutritionist (LDN) or nutrition counselor (LNC):

- **Prevention and Management of Chronic Disease**: Those with (or at risk of developing) diabetes, high blood pressure, cancer, heart disease or other chronic disease can receive medical nutrition therapy to develop an effective eating plan that will not compromise taste or nutrition.
- **Coordination of Care**: Working with the treating physician when implementing a dietary plan for a condition under which the patient is under a physician's care.
- **Assist with Weight Loss or Gain**: Providing suggestions on caloric intake and nutritional choices for healthy weight loss or gain for children and adults.
- **Improve Digestive Problems**: Working with the provider, an LDN or LNC can help you adjust your eating habits in a way that will cause the least aggravation to your condition.
- **Prenatal and Post-Partum Health**: An LDN or LNC assists women who are preparing for pregnancy, are currently pregnant or are breastfeeding to ensure they receive all of the necessary nutrients to yield a healthy pregnancy and baby.

Nutritional Counseling is also beneficial for individuals:

- With Eating Disorders
- Who have had Gastric Bypass Surgery
- Who are seniors and need assistance with possible interactions between food or medications as well as hydration, hypertension, and other nutritional needs that can change with age

### POSITION STATEMENT

**Applicable To:**

☑ Medicaid – Florida

Case Management identifies members based on referrals and/or applicable screenings for various conditions. Physician orders will be requested. **Nutritional Counseling is a covered benefit if for a member of any age who:**

- Is enrolled in a Case or Disease Management program; **AND**,
- Is a child or adult that are Members of Staywell through the MMA plan; **AND**,
- Has a chronic condition or complex medical needs in which dietary adjustment has a potential therapeutic role; **AND**
- Is receiving home health care services due to chronic disability or complex medical needs; OR
- Is a pregnant female enrolled in the OB case management program.

There is no visit limit; treatment plan will be initiated and managed by the nutritionist

### CODING

**Covered CPT® Codes**

97802 – 97804  Medical Nutrition Therapy

**HCPCS® Codes**

S9465  Diabetic management program, dietitian visit
S9470  Nutritional counseling, dietitian visit

**Covered ICD-10-PCS Codes** – No applicable codes.

**Covered ICD-10-CM Diagnosis** – *This list is not all inclusive. Medical necessity to be determined by Case Manager.*

- C00.0 – C96.9  Malignant neoplasms of external upper lip (C00.0)
- D50.0  Iron deficiency anemia secondary to blood loss (chronic)
- D81.818  Other biotin-dependent carboxylase deficiency
- D81.819  Biotin-dependent carboxylase deficiency, unspecified
- E08.00 – E13.9  Diabetes mellitus due to underlying condition with hyperosmolarity without nonketotic hyperglycemic-hyperosmolar coma (NKHHC) (E08.00)
E40       Kwashiorkor
E46       Unspecified protein-calorie malnutrition
E50.0 – E64.9 E50.0 - Vitamin A deficiency with conjunctival xerosis
E65 – E68 E65 - Localized adiposity
E68       Sequelae of hyperalimentation
F50.00-F50.9 Eating disorders, unspecified (F50.9)
H46.2     Nutritional optic neuropathy
I10       Essential (primary) hypertension
I20.0     Unstable angina
I43       Cardiomyopathy in diseases classified elsewhere
K31.89    Other diseases of stomach and duodenum
K31.9     Disease of stomach and duodenum, unspecified
M83.0     Puerperal osteomalacia
M83.9     Adult osteomalacia, unspecified
O24.011 - O24.93 (O24.011) Pre-existing type 1 diabetes mellitus, in pregnancy, first trimester
O25.10 – O25.3 Malnutrition in pregnancy, unspecified trimester (O25.10)
O99.210 – O99.285 Endocrine, nutritional and metabolic diseases complicating pregnancy, childbirth and the puerperium
P00.4     Newborn (suspected to be) affected by maternal nutritional disorders
P05.2     Newborn affected by fetal (intrauterine) malnutrition not light or small for gestational age
R63.8     Other symptoms and signs concerning for food and fluid intake
T74.01XA – T74.01XS Adult neglect or abandonment, confirmed
T74.02XA – T74.02XS Child neglect or abandonment, confirmed
T76.01XA – T76.01XS Adult neglect or abandonment, suspected
T76.02XA – T76.02XS Child neglect or abandonment, suspected
Z33.1     Pregnant state, incidental
Z86.39    Personal history of other endocrine, nutritional and metabolic disease
Z98.84    Bariatric surgery status

Coding information is provided for informational purposes only. The inclusion or omission of a CPT, HCPCS, or ICD-10 code does not imply member coverage or provider reimbursement. Consult the member's benefits that are in place at time of service to determine coverage (or non-coverage) as well as applicable federal / state laws.

REFERENCE

MEDICAL POLICY COMMITTEE HISTORY AND REVISIONS

<table>
<thead>
<tr>
<th>Date</th>
<th>Action</th>
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<tbody>
<tr>
<td>8/3/2017, 11/3/2016</td>
<td>• Approved by MPC. No changes.</td>
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<tr>
<td>11/5/2015</td>
<td>• Approved by MPC. Coding updates only.</td>
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<tr>
<td>11/6/2014</td>
<td>• Approved by MPC. Addition of &quot;Staywell&quot; in Position Statement to clarify line of business.</td>
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<td>6/18/2014</td>
<td>• Approved by MPC. No changes.</td>
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<td>9/13/2013</td>
<td>• Approved by MPC. New.</td>
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