APPLICATION STATEMENT

The application of the Clinical Coverage Guideline is subject to the benefit determinations set forth by the Centers for Medicare and Medicaid Services (CMS) National and Local Coverage Determinations and state-specific Medicaid mandates, if any.

DISCLAIMER

The Clinical Coverage Guideline (CCG) is intended to supplement certain standard WellCare benefit plans and aid in administering benefits. Federal and state law, contract language, etc. take precedence over the CCG (e.g., Centers for Medicare and Medicaid Services [CMS] National Coverage Determinations [NCDs], Local Coverage Determinations [LCDs] or other published documents). The terms of a member’s particular Benefit Plan, Evidence of Coverage, Certificate of Coverage, etc., may differ significantly from this Coverage Position. For example, a member’s benefit plan may contain specific exclusions related to the topic addressed in this CCG. Additionally, CCGs relate exclusively to the administration of health benefit plans and are NOT recommendations for treatment, nor should they be used as treatment guidelines. Providers are responsible for the treatment and recommendations provided to the member. The application of the CCG is subject to the benefit determinations set forth by the Centers for Medicare and Medicaid Services (CMS) National and Local Coverage Determinations and state-specific Medicaid mandates, if any. All links are current at time of approval by the Medical Policy Committee (MPC) and are subject to change prior to the annual review date. Lines of business (LOB) are subject to change without notice; current LOBs can be found at www.wellcare.com – select the Provider tab, then “Fools” and “Clinical Guidelines”.

BACKGROUND

Provides therapy coverage for SSI children, adults, and dually eligible enrollees who are identified by care management criteria for cancer treatment, emotional abuse, and post-traumatic stress disorders (PTSD) and other chronic conditions based on medical necessity. The American Art Therapy Association (AATA) (2013) describes art therapy as a mental health profession in which clients, facilitated by the art therapist, use art media, the creative process, and the resulting artwork to explore their feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem. A goal in art therapy is to improve or restore a client’s functioning and his or her sense of personal well-being. Art therapy practice requires knowledge of visual art (drawing, painting, sculpture, and other art forms) and the creative process, as well as of human development, psychological, and counseling theories and techniques.
Art therapy is practiced in mental health, rehabilitation, medical, educational, forensic, wellness, private practice and community settings with diverse client populations in individual, couples, family, and group therapy formats. Art therapy is an effective treatment for people experiencing developmental, medical, educational, and social or psychological impairment. Individuals who benefit from art therapy include those who have survived trauma resulting from combat, abuse, and natural disaster; persons with adverse physical health conditions such as cancer, traumatic brain injury, and other health disability; and persons with autism, dementia, depression, and other disorders. Art therapy helps people resolve conflicts, improve interpersonal skills, manage problematic behaviors, reduce negative stress, and achieve personal insight. Art therapy also provides an opportunity to enjoy the life-affirming pleasures of art making. The AATA provides a bibliography with sections on specific health conditions. To access the list, visit [http://www.arttherapy.org/upload/arttherapybibliographyselectstudiesarticlespublications.pdf](http://www.arttherapy.org/upload/arttherapybibliographyselectstudiesarticlespublications.pdf)

**POSITION STATEMENT**

**Applicable To:**
- Medicaid – Florida

Reference *Therapy Services for Autism Spectrum Disorders (ASD) (HS-208)* for additional information on other types of therapy for ASD.

Art therapy is a covered benefit for a member who:

- Is a participant in a Case or Disease Management program; AND,
- Is a child or adult with SSI or is a dually eligible enrollee; AND,
- Has a diagnosis of:
  - Cancer or cancer recurrence; OR,
  - PTSD; OR,
  - Emotional abuse within the past 2 years.

**NOTE:** There is no visit limit; treatment plan will be initiated and managed by the art therapist.

**CODING**

**Covered CPT®** Codes – No applicable codes.

**HCPCS®** Code
- G0176 Activity therapy, such as music, dance, art or play therapies not for recreation, related to the care and treatment of patient's disabling mental health problems, per session (45 minutes or more)

**Covered ICD-10-PCS Code**
- F08Z6ZZ Psychosocial skills treatment

**Covered ICD-10-CM Diagnosis Codes**
- C00.0 - C96.9 Neoplasms, Malignant
- F43.10 - F43.12 Post-traumatic stress disorder (PTSD)
- T74.11XA-T74.11XS Adult physical abuse, confirmed
- T74.12XA-T74.12XS Child physical abuse, confirmed
- T76.11XA-T76.11XS Adult physical abuse, suspected
- T76.12XA-T76.12XS Child physical abuse, suspected
- T76.31XA-T76.32XS Adult and Child Psychological Abuse, suspected
- T74.31XA-T74.32XS Adult and Child Psychological Abuse, confirmed

REFERENCES


MEDICAL POLICY COMMITTEE HISTORY AND REVISIONS

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<td>9/7/2017, 11/3/2016</td>
<td>• Approved by MPC. No changes.</td>
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<tr>
<td>11/5/2015</td>
<td>• Approved by MPC. Coding updates.</td>
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<td>11/6/2014, 6/18/2014</td>
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