

Osteoporosis Management in Women Who Had a Fracture (OMW)




Did you know?

Osteoporosis is a bone disease characterized by low bone mass, which leads to bone fragility, increasing susceptibility to fractures. Osteoporosis fractures have a negative impact on quality of life as a result of chronic pain and decreased mobility. Appropriate screening and treatment can reduce osteoporosis-related fractures.



Measure description

The Centers for Medicare & Medicaid Services' (CMS) Five-Star Quality Rating System measure, *Osteoporosis Management in Women Who Had a Fracture*, evaluates the percentage of women age 67 to 85 years who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis within six months of the fracture.

 **TIMELINE:** Fracture diagnosis is between **July 1 of the prior year through June 30** of the current calendar year.



Key tips

- ✓ Central Dual-energy X-ray absorptiometry (DEXA) assessment is the “gold standard” for serial assessment of BMD.
- ✓ Educate patients about Osteoporosis screening with a non-invasive BMD.

(continued)

For more than 20 years, Wellcare has offered a range of Medicare products, which offer affordable coverage beyond Original Medicare. Beginning Jan. 1, 2022, our affiliated Medicare product brands, including Allwell, Health Net, Fidelis Care, Trillium Advantage and 'Ohana Health Plan transitioned to the newly refreshed Wellcare brand. If you have any questions, please contact Provider Relations.



By Allwell
By Fidelis Care
By Health Net
By 'Ohana Health Plan
By Trillium Advantage

- ✓ Encourage patients to notify you if they have a fracture to allow for timely intervention.
- ✓ Collaborate with inpatient settings to complete the BMD if fracture results in an inpatient stay.



What do you need to do?

- ✓ Order osteoporosis screening bone mineral density test.
- ✓ Follow-up with patients to ensure they have completed a post fracture BMD.
- ✓ Review the BMD results and develop treatment plan as applicable (medication, vitamins, referral to specialist, etc.).
- ✓ Review patient's risk factors and encourage appropriate calcium and vitamin D intake, exercise, fall prevention, and other lifestyle measures.

The suggested codes for these services include:

Description	CPT codes	Medications
Bone Mineral Density Tests	76977, 77078, 77080, 77081, 77085, 77086	Alendronate, Alendronate-cholecalciferol, Ibandronate, Risedronate, Zoledronic acid, Abaloparatide, Denosumab, Raloxifene, Romosozumab, Teriparatide.

