

# Controlling Blood Pressure

wellcare



Controlling High Blood Pressure is a CMS Star quality measure with a current weighted value of 1. Beginning in January 2021, CMS will increase the weighted value to 3 for this measure. Here are some quick reminders for closing blood pressure care gaps:

**Always:** Retake BP if initial blood pressure is  $>140/90$  mmHg; **Take and record in the medical record**, at least three (3) separate measurements during the visit if the BP is high.

Repeated measurements should be separated by 1 -2 minutes.



## Description:

The percentage of members 18–85 years of age who had at least two visits on different dates of service with a diagnosis of hypertension during the measurement year and whose BP was adequately controlled ( $< 140/90$  mmHg) during the measurement year.

The most recent BP reading during the measurement year must occur on or after the second date of diagnosis of hypertension.

**The following criteria determines if the last blood pressure is controlled:**

- ✓ Members 18–85 years of age whose BP was  $<140/90$  mmHg.



## Product Lines:

Medicare



## New

**BP readings that are reported by the member using an electronic device are now acceptable.**

- ✓ Document in the note the reading specifically is from an electronic device.
- ✓ Telehealth visits are acceptable as long as the BP reading is taken by an electronic device.
- ✓ Use of a manual device does not meet criteria.



**Members can obtain an electronic blood pressure monitor at no cost by calling the Customer Service number on their ID card for a Case Management (CM) referral.**

*continued on back*



## Helpful Tips:

- ✓ Never round up BP readings.
- ✓ Use correct cuff size on bare arm.
- ✓ Check BP on both arms and record the lowest systolic and diastolic readings.
- ✓ Patients should rest quietly for at least 5 minutes before the first BP is taken.



### Do This!

Detailed information recorded on medical record

#### Vitals:

**Weight:** 205 lb **Height:** 5 ft. & 2 in. **BMI:** 37.7 **BSA:** 2

**BP:** 160/92 sitting L arm **Pulse rate:** 56 BPM

**Resp. Rate:** 16 RPM

**BP Retake:** 138/84 sitting R arm

Always document “reading taken by electronic monitoring device” when applicable.



### Not That!

Not enough information recorded

#### Vitals:

**Wt** 287 lbs, **Weight Change** -5lbs, **Ht** 67 in,

**BMI** 44.95, **BP** 177/113, **Temp** 97.7 F, **HR** 91,

**Oxygen sat %** 100

( BP Noncompliant and Not Retaken )

## Billing Codes:

Description	Codes
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 130	CPT-CAT-II: 3074F
Systolic between 130-139	CPT-CAT-II: 3075F
Diastolic greater than/equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic less than 80	CPT-CAT-II: 3078F
Remote Blood Pressure Monitoring Codes	CPT: 93784, 93788, 93790, 99091
Outpatient codes	CPT: 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345
HCPCS: G0402, G0438, G0439, G0463	
Telephone Visits	98966-98968, 99441-99443
CPT Modifiers for Telehealth	95, GT, 02
Digital Blood Pressure Monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474