

## Wellcare 'Ohana Dual Align (HMO-POS D-SNP) hā'awi 'ia e Wellcare Health Insurance Of Arizona, Inc. (Wellcare By 'Ohana Health Plan)

### Hoolaha Makahiki o Nā ho'ololi no 2026

Ua kākau inoa 'oe ma ke 'ano he lālā o Wellcare 'Ohana Dual Align (HMO-POS D-SNP).

Hō'ike kēia mea i nā loli i nā koina a me nā pomaikai o kā mākou ho'olālā i ka makahiki a'e.

- **Loa'a iā 'oe mai 'Okakopa 15 - Dekemaba 7 e ho'ololi i kāu uhi oe Medicare no ka makahiki a'e.** Inā 'a'ole 'oe e komo i kahi ho'olālā 'ē a'e a hiki i ka lā 7 Dekemaba 2025, e noho 'oe ma Wellcare 'Ohana Dual Align (HMO-POS D-SNP).
- E ho'ololi i a **ho'olālā 'oko'a**, kipa [www.Medicare.gov](http://www.Medicare.gov) a i 'ole e nānā i ka papa inoa ma hope o kāu puke lima *Medicare & 'oe 2026*.
- E ho'omaopopo he hō'ulu'ulu wale nō kēia o nā ho'ololi. Aia ka 'ike hou aku e pili ana i nā koina, nā pomaikai, a me nā lula ma ka *Hō'ike no ka uhi 'ana*. E ki'i i kope ma [go.wellcare.com/OhanaHI](http://go.wellcare.com/OhanaHI) a i 'ole e kelepona iā Nā lawelawe Lālā ma 1-888-846-4262 (TTY kelepona nā mea ho'ohana 711) e ki'i i kope ma ka leka uila.

#### Loa'a hou aku

- Loa'a kēia mea no ka manuahi ma Pākē, Kōlea, Hmong, Tagalog, Laotian, Cambodia/Khmer, Vietnamese, Hawaii, Kepani, Karen, Sāmoa, Thai, Tureke, Uzbek, Ilokano, a me Burmese.
- Kāhea i Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) no ka 'ike hou aku. Nā hola: Ma waena o 'Okakopa 1 a me Malaki 31, loa'a nā 'elele i ka Pō'akahi-Labati, 7:45 a.m. a 8 p.m. Ma waena o 'Apelila 1 a me Kepakemapa 30, loa'a nā 'elele i ka Pō'akahi-Palima, 7:45 a.m. a 8 p.m. He manuahi kēia kelepona.
- Pono mākou e hā'awi i ka 'ike ma ke 'ano kūpono iā 'oe (ma nā 'ōlelo 'ē a'e ma waho o ka 'ōlelo Pelekania, ma ka braille, ma ka leo, ma ka pa'i nui, a i 'ole nā 'ano 'ano 'ē a'e, 'ē a'e.). E 'olu'olu e kelepona i Nā lawelawe Lālā inā makemake 'oe i ka 'ike ho'olālā ma kahi 'ano 'ē a'e.

#### E pili ana iā Wellcare 'Ohana Dual Align (HMO-POS D-SNP)

- 'Ohana Health Plan, he ho'olālā i hā'awi 'ia e WellCare Health Insurance of Arizona, Inc. 'o Wellcare ka lama Medicare no Centene Corporation, he HMO, PPO, PFFS, PDP ho'olālā me ka Medicare a he Māhele D Kāko'o i 'āpono 'ia. He 'aelike ko mākou mau ho'olālā D-SNP me ka papahana moku'āina Medicaid. 'O ke kāinoa ma ko mākou mau ho'olālā aia i ka ho'āno hou 'ia o ka palapala 'aelike. Loa'a i kā mākou ho'olālā kekahi 'aelike i kākau 'ia me ka papahana Hawaii Medicaid pomaikai e ho'onohonoho i kāu mau pono Medicaid.

Hoolaha Makahiki o Nā ho'ololi no 2026

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- Ke 'ōlelo 'ia kēia mea waiwai “mākou,” “kākou,” a i 'ole “ko mākou,” 'o ia ka Wellcare Health Insurance Of Arizona, Inc. Ke 'ōlelo 'ia 'o “ho'olālā” a i 'ole “ko mākou ho'olālā,” 'o ia ho'i 'o Wellcare 'Ohana Dual Align (HMO-POS D-SNP).
- Ma Ianuali 1, 2026, Wellcare Health Insurance Of Arizona, Inc. e hui pū me Wellcare 'Ohana Dual Align (HMO-POS D-SNP) me kekahi o kā mākou ho'olālā, 'o Wellcare 'Ohana Dual Align (HMO-POS D-SNP). Hō'ike kēia mea iā 'oe e pili ana i nā 'oko'a ma waena o kāu mau pomaikai i kēia manawa ma Wellcare 'Ohana Dual Align (HMO-POS D-SNP) a me nā pomaikai e loa'a iā 'oe ma Ianuali 1, 2026 ma ke 'ano he lālā o Wellcare 'Ohana Dual Align (HMO-POS D-SNP).
- **Inā 'a'ole 'oe e hana ma mua o Dekemaba 7, 2025, e ho'opa'a inoa 'ia 'oe ma Wellcare 'Ohana Dual Align (HMO-POS D-SNP).** E ho'omaka ana 'o Ianuali 1, 2026, e loa'a iā 'oe kāu uhi olakino a me ka lā'au lapa'au ma o Wellcare 'Ohana Dual Align (HMO-POS D-SNP). E hele i ka Mahele 3 no ka 'ike hou aku e pili ana i ka ho'ololi 'ana i nā ho'olālā a me nā lā palena no e hoololi ana.

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## Hō'ulu'ulu mana'o o nā kumukū'ai ko'iko'i no 2026

	2025 (keia makahiki)	2026 (makahiki a'e)
<p><b>Uku uku ho'olālā mahina*</b></p> <p>* Hiki ke ki'eki'e a'e kāu uku uku ma mua o kēia nui. E hele i ka Mahele 1.1 no nā kiko'i.</p> <p>No ka loa'a 'ana iā 'oe ke Kōkua keu (Extra Help), 'a'ole 'oe e uku i ka uku uku no kēia ho'olālā.</p>	\$0	\$0
<p><b>Ki'eki'e i waho-o-'eke Ka nui</b></p> <p>'O kēia ka uku <u>nui loa</u> āu e uku ai mai loko mai o ka 'eke no nā lawelawe i uhi 'ia ma ka Māhele A a me ka Māhele B.</p> <p>(Hele i Mahele 1.2 no nā kiko'i.)</p>	<p>\$9,350</p> <p>'A'ole 'oe e mālama i ka uku 'ana i Ki'eki'e i waho-o-'eke Ka nui i ka 'oi loa o ka huina nui pākeke no kou mau lawelawe Māhele A a me Māhele B i uku 'ia.</p>	<p><b>\$9,250</b></p> <p><b>'A'ole 'oe e mālama i ka uku 'ana i Ki'eki'e i waho-o-'eke Ka nui i ka 'oi loa o ka huina nui pākeke no kou mau lawelawe Māhele A a me Māhele B i uku 'ia.</b></p>
<b>Nā kipa ke'ena mālama mua</b>	\$0 copay o ka hālāwai	<b>\$0 copay o ka hālāwai</b>
<b>Nā kipa ke'ena kūikawā</b>	\$0 copay o ka hālāwai	<b>\$0 copay o ka hālāwai</b>
<p><b>Noho ka halema'i ma'i</b></p> <p>Loa'a i ka ma'i ho'oponopono hou, nā halemai mālama lō'ihi, a me nā 'ano lawelawe o ka haukapila ma'i. Ho'omaka ka malama ma'i ma'i ma'i i ka lā i ho'okomo mua 'ia 'oe i ka haukapila me ke kauoha a ke kauka. 'O ka lā ma mua o kou ho'oku'u 'ia 'ana, 'o ia kou lā ma'i hope loa.</p>	<p>No ke komo 'ana i uhi 'ia, no ke komo 'ana:</p> <p>\$0 copay no kēlā me kēia noho haukapila uhi 'ana</p>	<p><b>No ke komo 'ana i uhi 'ia, no ke komo 'ana:</b></p> <p><b>\$0 copay no kēlā me kēia noho haukapila uhi 'ana</b></p>

	2025 (keia makahiki)	2026 (makahiki a'e)
<b>Māhele D Hiki ke unuhi 'ia ka uhi lā'au</b> (E hele i ka Mahele 1.7 no nā kiko'i.)	\$0	\$0
<b>Māhele D uhi lā'au</b> (E hele i ka Mahele 1.7 no nā kiko'i, e pili ana i ka makahiki e Hiki ke unuhi, ka uhi mua, a me Ka Papa Ho'opī'i Pō'ino.)	<p>Ka uku hui 'ana i ka wā o ka Ka Papa Ho'olaha Ho'omaka:</p> <p>\$0 copay no nā mea a pau i uhi 'ia Māhele D Laau Laau.</p> <p>Ka Papa Ho'opī'i Pō'ino:</p> <p>I kēia manawa uku, 'a'ole 'oe e uku no kāu mau no kāu mau Māhele D Laau Laau i uhi 'ia.</p>	<p><b>Ka uku hui 'ana i ka wā o ka Ka Papa Ho'olaha Ho'omaka:</b></p> <p><b>\$0 copay no nā mea a pau i uhi 'ia Māhele D Laau Laau.</b></p> <p><b>Ka Papa Ho'opī'i Pō'ino:</b></p> <p><b>I kēia manawa uku, 'a'ole 'oe e uku no kāu mau no kāu mau Māhele D Laau Laau i uhi 'ia.</b></p>

## MAHELE 1 Ho'ololi i Nā pomaikai a me nā Koina no ka Makahiki A'e

### Mahele 1.1 Ho'ololi i ka uku uku ho'olālā mahina

	2025 (keia makahiki)	2026 (makahiki a'e)
<p><b>Uku ho'olālā uku uku</b></p> <p>(Pono 'oe ke ho'omau i ka uku i kā lākou papahana o ka hui 'inikua mālama olakino Medicare Part B a i 'ole ke uku uku 'ia nei paha ma lalo o ka Hui 'inikua pāku'i hou mālama olakino Hawaii Med-QUEST Division Program (Medicaid).)</p> <p>No ka loa'a 'ana iā 'oe ke Kōkua keu, 'a'ole 'oe e uku i ka uku uku no kēia ho'olālā.</p>	\$0	\$0

### Mahele 1.2 Ho'ololi i Ki'eki'e i waho-o-'eke Ka nui

Pono 'o Medicare i nā ho'olālā olakino āpau e kaupalena i ka nui o kāu uku mai loko mai o ka 'eke no ka makahiki. Kapa 'ia kēia palena 'Ki'eki'e i waho-o-'eke Ka nui. Ke uku 'oe i kēia huina, 'a'ole 'oe e uku no nā lawelawe i uhi 'ia ma ka Māhele A a me ka Māhele B no ke koena o ka makahiki alemanaka.

	2025 (keia makahiki)	2026 (makahiki a'e)
<p><b>Ki'eki'e i waho-o-'eke Ka nui</b></p> <p>No ka mea, loa'a pū i ko mākou mau lālā ke kōkua mai Hawaii Med-QUEST Division Program (Medicaid), li'ilii loa nā lālā i hiki i kēia ki'eki'e o waho.</p> <p>'A'ole 'oe e mālama i ka uku 'ana i Ki'eki'e i waho-o-'eke Ka nui i ka 'oi loa o ka huina nui pākeke no kou mau lawelawe Māhele A a me Māhele B i uku 'ia.</p> <p>O kāu mau koina no nā lawelawe lapa'au i uhi 'ia (e like me nā uku hui) e <b>helu</b> 'ia i kāu ki'eki'e i waho-o-'eke ka nui.</p> <p><b>A'ole helu</b> 'ia kāu mau koina no nā lā'au lapa'au i kāu helu Ki'eki'e i waho-o-'eke Ka nui.</p>	\$9,350	<p><b>\$9,250</b></p> <p><b>I ka manawa āu i uku ai i \$9,250 i waho o 'eke no nā lawelawe 'o Māhele A a me Māhele B i uhi 'ia, 'a'ole 'oe e uku no kāu mau lawelawe i uhi 'ia ma ka Māhele A a me ka Māhele B no ke koena o ka makahiki alemanaka.</b></p>

### Mahele 1.3 Ho'ololi i ka pūnaewele ho'olako

'O kā mākou pūnaewele o nā mea ho'olako ua loli no ka makahiki e hiki mai ana. E nānā i ka 2026 *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au* [go.wellcare.com/2026providerdirectories](http://go.wellcare.com/2026providerdirectories) e 'ike inā aia kāu mau mea ho'olako (mea mālama mua, nā loea, nā haukapila, etc.) i kā mākou pūnaewele. Eia pehea e loa'a ai kahi mea hou *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au*:

- E kipa i kā mākou pūnaewele ma [go.wellcare.com/2026providerdirectories](http://go.wellcare.com/2026providerdirectories).
- Kāhea i Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) no ka loa'a 'ana o ka 'ike o ka mea ho'olako o kēia manawa a i 'ole e noi mai iā mākou e leka uila iā 'oe i kahi *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au*.

Hiki iā mākou ke ho'ololi i nā halemai, nā kauka, a me nā loea (mea ho'olako) i 'āpana o kā mākou ho'olālā i ka makahiki. Inā pili ka ho'ololi o ka makahiki i kā mākou mea ho'olako iā 'oe, e kelepona Nā lawelawe Lālā ma 1-888-846-4262 (TTY kelepona nā mea ho'ohana iā 711) no ke kōkua. No ka 'ike hou aku e pili ana i kou mau kuleana ke ha'alele ka Mea ho'olako pūnaewele i kā mākou ho'olālā, e hele i ka Mokuna 3, Mahele 2.3 o kāu Hō'ike no ka uhi 'ana.

## Mahele 1.4 Ho'ololi i ka Pūnaewele Lapa'au

'O nā kālā āu e uku ai no kāu kau 'ana lā'au lapa'au hiki ke hilina'i i ka lā'au lapa'au āu e ho'ohana ai. Loa'a i nā papahana lā'au lapa'au Medicare kahi pūnaewele o nā lā'au lapa'au. I ka hapanui o nā hihia, uhi wale 'ia kāu kuhikuhi *inā* ho'opiha 'ia lākou i kekahi o kā mākou hale kū'ai lā'au lapa'au. Loa'a i kā mākou pūnaewele nā lā'au lapa'au me Māhele kākī i makemake 'ia, e hā'awi iā 'oe i ka hā'awi ha'aha'a ha'aha'a ma mua o ka Māhele kākī ma'amau i hā'awi 'ia e nā lā'au lapa'au pūnaewele 'ē a'e no kekahi mau lā'au.

Ua loli kā mākou pūnaewele o nā lā'au lapa'au no ka makahiki a'e. E nānā i ka 2026 *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au* [go.wellcare.com/2026providerdirectories](https://go.wellcare.com/2026providerdirectories) e 'ike i nā lā'au lapa'au i loko o kā mākou pūnaewele. Eia pehea e loa'a ai kahi mea hou *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au*:

- E kipa i kā mākou pūnaewele ma [go.wellcare.com/2026providerdirectories](https://go.wellcare.com/2026providerdirectories).
- Kāhea i Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) no ka loa'a 'ana o ka 'ike lā'au lapa'au o kēia manawa a i 'ole e noi iā mākou e leka uila iā 'oe i kahi leka uila. *Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au*.

Hiki iā mākou ke ho'ololi i nā lā'au lapa'au i 'āpana o kā mākou ho'olālā i ka makahiki. Inā pili ka ho'ololi 'ana o ka makahiki ma kā ko makou mau laau lapa'au iā 'oe, e kelepona iā Nā lawelawe Lālā ma 1-888-846-4262 (TTY kelepona nā mea ho'ohana iā 711) no ke kōkua.

## Mahele 1.5 Ho'ololi i nā pomaikai a me nā Koina no nā lawelawe Lapa'au

Hō'ike ka Hoolaha Makahiki o Nā ho'ololi iā 'oe e pili ana i nā ho'ololi i kāu mau pono a me nā koina Medicare a pomaikai.

	2025 (keia makahiki)	2026 (makahiki a'e)
<b>Nā Mana'o Mua</b>	<p>Loa'a ka ho'ololi 'ana o nā pomaikai i loko o ka pūnaewele i nā mua mana 'ae.</p> <p>Nā lawelawe Kauka/La'au, me nā kipa ke'ena o ke kauka - Pono paha nā lawelawe telehealth hou aku i ka mua mana 'ae.</p> <p>Mālama 'ike - nā maka i uhi 'ia e Medicare pono paha ka mua mana 'ae.</p>	<p><b>Nā lawelawe Kauka/La'au, me nā kipa ke'ena o ke kauka - Pono paha nā lawelawe telehealth ha(na) 'a'ole hou aku i ka mua mana 'ae.</b></p> <p><b>Mālama 'ike - nā maka i uhi 'ia e Medicare ha(na) 'a'ole pono paha ka mua mana 'ae.</b></p>

	2025 (keia makahiki)	2026 (makahiki a'e)
	Inā loa'a a 'a'ole pono kāu pōmaika'i i kahi mua mana 'ae, pono paha ia i kahi kuhikuhi mai ka ho'olālā.	Inā loa'a a 'a'ole pono kāu pōmaika'i i kahi mua mana 'ae, pono paha ia i kahi kuhikuhi mai ka ho'olālā.
<b>Nā lawelawe ulia pōpilikia - Ka uhi pilikia o ka honua</b>	Uku 'oe i \$110 copay no kēlā me kēia lawelawe i uhi 'ia.  <u>'A'ole</u> ho'oku'u 'ia ka uku hui inā ho'okomo 'ia 'oe i ka haukapila.	<b>Uku 'oe i \$115 copay no kēlā me kēia lawelawe i uhi 'ia.</b>  <b>'A'ole</b> ho'oku'u 'ia ka uku hui inā ho'okomo 'ia 'oe i ka haukapila.
<b>Nā lawelawe ulia pōpilikia - Ho'opili wikiwiki i ka honua</b>	Uku 'oe i \$110 copay no kēlā me kēia lawelawe i uhi 'ia.  <u>'A'ole</u> ho'oku'u 'ia ka uku hui inā ho'okomo 'ia 'oe i ka haukapila.	<b>Uku 'oe i \$115 copay no kēlā me kēia lawelawe i uhi 'ia.</b>  <b>'A'ole</b> ho'oku'u 'ia ka uku hui inā ho'okomo 'ia 'oe i ka haukapila.
<b>Nā Pōmaika'i Ho'ohui Kūikawā no ka ma'i ma'i (SSBCI)</b>  'O nā pomaikai i 'ōlelo 'ia he 'āpana ia o nā pomaikai ho'ohui kūikawā no ka ma'i. Ma waho a'e o ka pilikia nui, pono e loa'a iā 'oe ho'okahi a 'oi aku paha o kēia mau ma'i: ma'i, ma'i cardiovascular, ma'i a me ke kīnā 'ole, nā ma'i, ka ma'i diabetes. Aia kekahi mau kūlana kūpono 'a'ole i helu 'ia. 'A'ole hiki ke hō'ōia 'ia ka 'ae 'ia no kēia pono ma muli o kou kūlana.	<u>A'ole</u> hā'awi 'ia nā pomaikai SSBCI.	<b>Inā kūpono 'oe no ka SSBCI, hiki iā 'oe ke ho'ohana i kāu ha'awina Wellcare Spendables® i kēlā me kēia mahina ma nā pomaikai i hō'ike 'ia ma lalo nei. Ho'ohui 'ia ka ha'awina me kāu ma luna o ka-heluhelu (OTC), Hana niho, 'ike a me ka pomaikai lohe. Ke ho'oholo 'ia e loa'a kēia mau pomaikai i ho'onui 'ia i nā lā 'oihana 7-10.</b>  <b>Uku 'oe he \$0 copay uku. E 'ike i ka lālani pōmaikai Wellcare Spendables® ma kēia pakuhi no ka 'ike hou aku e pili ana i ke kāleka Wellcare Spendables®.</b>

	2025 (keia makahiki)	2026 (makahiki a'e)
<p>Pono e ho'okō 'ia nā koi kūpono a pau ma mua o ka hā'awi 'ia 'ana o ka pōmaika'i. No nā kiko'i, e 'olu'olu e kelepona mai iā mākou a i 'ole e 'ike i ka Hō'ike no ka uhi 'ana o ka ho'olālā.</p>		<p><b>Uku wahie ma ka pamu</b>  <b>Inā kūpono, hiki iā 'oe ke ho'ohana i kāu Wellcare Spendables® kāleka e uku pololei i ke kinoea ma ka pamu. 'A'ole hiki ke kāleka ho'ohana 'ia e uku i ke kanaka ma ka waihona kālā. Hiki ke ho'ohana wale 'ia kāu kāleka no ka puhi 'ana i ke kinoea a hiki i ka huina ha'awina i loa'a.</b></p> <p><b>Mea'ai Ola</b>  <b>Inā kūpono, hiki iā 'oe ke ho'ohana i kāu kāleka Wellcare Spendables® e kōkua ai i ka uku 'ana i nā mea'ai olakino maika'i a me nā mea'ai i 'ae 'ia ma nā mea kū'ai aku. Loa'a nā mea'ai i ho'omākaukau 'ia a me nā pahu huahana no ke kauoha ma ka puka pūnaewe. 'A'ole hiki ke ho'ohana 'ia ka ha'awina e kū'ai i ka paka a i 'ole ka wai'ona. Aia nā mea i 'ae 'ia:</b></p> <ul style="list-style-type: none"> <li>• 'O ka 'i'o a me ka moa</li> <li>• Nā hua'ai a me nā mea kanu</li> <li>• Nā mea inu 'ai</li> </ul> <p><b>Kokua Home a me na mea palekana</b>  <b>Inā kūpono, hiki iā 'oe ke ho'ohana i kāu kāleka e kōkua i ke kumukū'ai o ke kōkua home a me nā mea palekana, me nā lawelawe ho 'onohonoho no kekahi mau huahana.</b></p>

	2025 (keia makahiki)	2026 (makahiki a'e)
		<p>O nā mea a me nā lawelawe i 'āpono 'ia:</p> <ul style="list-style-type: none"> <li>• E hopu i nā kaola a i 'ole nā kī puka a me nā uhi papahēle 'ole</li> <li>• Nā noho palekana a me ka lumipaku ho'ololi kokua</li> <li>• 'O ke ea uila a me nā huahana maika'i o ka ea</li> <li>• Nā lako ho'omalū pest a me nā pepeke a me nā lā'au lapa'au ma ka home</li> </ul> <p><b>Kokua hoohana</b> Inā kūpono, hiki iā 'oe ke ho'ohana i kāu Wellcare Spendables® kāleka e kōkua i ka uku no ka ho'olālā 'ana i nā pono hana no kou home me:</p> <ul style="list-style-type: none"> <li>• Uila, kinoea, ma'ema'e / 'ōpala, a me nā lawelawe pono wai</li> <li>• 'O ka lawelawe kelepona 'āina a me ke kelepona</li> <li>• lawelawe pūnaewe</li> <li>• Uea TV (koe nā lawelawe streaming)</li> </ul>

	2025 (keia makahiki)	2026 (makahiki a'e)
		<ul style="list-style-type: none"> <li>• 'O kekahi mau lilo 'aila, e like me ka 'aila ho'omohana home</li> </ul> <p><b>Kokua hoolimalima</b> Inā kūpono, hiki iā 'oe ke ho'ohana i kāu Wellcare Spendables® kāleka e kōkua i ke kumukū'ai ho'olimalima no kou home.</p>
<p><b>Kumu Waiwai Inikua Ho'olālā (VBID) Waiwai</b></p>	<p>Uku 'oe he \$0 copay uku. No ke komo 'ana o kāu ho'olālā i ka Papahana ho'olālā 'inikua ma muli o ka waiwai, hiki iā 'oe ke ho'ohana i kāu ha'awina Wellcare Spendables® no nā pomaikai i hō'ike 'ia ma lalo nei:</p> <ul style="list-style-type: none"> <li>• Uku wahie ma ka pamu: E uku pololei i ke kinoea ma ka pamu</li> <li>• Mea'ai Ola: 'Apono 'ia nā mea'ai olakino a me nā mea'ai ma nā hale kū'ai</li> <li>• Nā mea ho'omaika'i hale: Kōkua me ke kumukū'ai o ka ho'omaika'i 'ana i ka hale a me nā mea palekana</li> <li>• Kokua hoolimalima: Ka uku hoolimalima no kou home</li> </ul>	<p><b>Ho'ohālike ho'olālā 'Inikua ma Mulī o ka Waiwai pomaikai 'a'ole hā'awi 'ia.</b></p>

	2025 (keia makahiki)	2026 (makahiki a'e)
	<ul style="list-style-type: none"> <li>Kōkua kōkua: E ho'olālā i nā pono hana i 'ae 'ia no kou home</li> </ul> <p>E 'ike i ka lālani pōmaikai Wellcare Spendables® ma kēia pakuhi no ka 'ike hou aku e pili ana i ke kāleka Wellcare Spendables®.</p> <p>Ua 'ae 'o Medicare iā Wellcare ehā'awi i kēia mau pomaikaima ke 'ano he 'āpana o ka Papahana ho'olālā 'inikua ma muli o ka waiwai. Hā'awi kēia papahana iā Medicare e ho'ā'o i nā ala hou e ho'omaika'i ai i nā ho'olālā Medicare Advantage Nā ho'olālā pono.</p>	
<b>Wellcare Spendables®</b>	<p>Uku 'oe he \$0 copay uku. Loa'a iā 'oe kahi ha'awina \$99 i kēlā me kēia mahina e ho'ohana 'ia i kekahi mau pomaikai.</p> <p>E nānā i ka Ho'olālā 'Inikua ma Mulī o ka Waiwai (VBID) Ho'ohālike i ka lālani pōmaika'i ma kēia pakuhi no ka 'ike e pili ana i nā loli pōmaika'i o ka papahana VBID.</p> <p><b>Ma luna o ka-heluhelu (OTC)</b> Hiki iā 'oe ke ho'ohana i kāu kāleka ma nā wahi kū'ai kū'ai, ma o ka polokalamu kelepona, a i 'ole ma ke komo 'ana i kāu puka lālā e kau i kahi kauoha no ka lawe 'ana i ka home.</p>	<p><b>Uku 'oe he \$0 copay uku. E loa'a iā 'oe he \$120 uku mahina i ho'ouka mua 'ia ma kāu kāleka Wellcare Spendables® e ho'olilo i nā mea OTC, Nā lawelawe niho, 'ike, a lohe. Ho'omaka kāu ha'awina mahina i ka mahina a'e inā 'a'ole ho'ohana 'ia a pau i ka hopena o ka makahiki ho'olālā.</b></p>

	2025 (keia makahiki)	2026 (makahiki a'e)
	<p><b>Hana niho, 'ike a me ka lohe</b> A'ole hiki ke ho'ohana 'ia ka ha'awina kāleka Wellcare Spendables® i nā uku lawelawe niho, 'ike, a i 'ole nā launa lawelawe lohe.</p>	<p><b>Hiki ke ho'ohana 'ia kāu ha'awina kāleka i:</b></p> <p><b>Ma luna o ka-heluhelu (OTC)</b> <b>Hiki iā 'oe ke ho'ohana i kāu kāleka ma nā wahi kū'ai kū'ai, ma o ka polokalamu kelepona, a i 'ole ma ke komo 'ana i kāu puka lālā e kau i kahi kauoha no ka lawe 'ana i ka home.</b></p> <p><b>Nā niho, 'ike, a me ka lohe</b> <b>Hiki iā 'oe ke ho'ohana i kāu kāleka e kōkua i ka hō'emi 'ana i kāu mau lilo no ka ho'oma'ama'a 'ana i nā lawelawe niho, 'ike, a/ a i 'ole nā launa lohe. Hiki ke ho'ohana 'ia ke kāleka e uku pololei i kāu mea mālama niho, 'ike, a i 'ole ka lohe. E 'olu'olu e nānā i kāu Hō'ike no ka uhi 'anano ka 'ike hou aku.</b></p> <p><b>'O nā pomaikai i 'ōlelo 'ia ma lalo nei he 'āpana o SSBCI. 'A'ole hiki i nā lālā a pau ke kūpono. Pono 'oe e ho'okō i nā koina kūpono no nā pomaikai ho'olālā e hiki mai ana. Inā kūpono 'oe, hiki ke ho'ohana 'ia kāu ha'awina kāleka i:</b></p> <ul style="list-style-type: none"> <li>• Uku wahie ma ka pamu</li> <li>• Mea'ai Ola</li> <li>• Kokua Home a me na mea palekana</li> <li>• Kokua hoolimalima</li> <li>• Kokua hoohana</li> </ul>

	2025 (keia makahiki)	2026 (makahiki a'e)
		<ul style="list-style-type: none"> <li>Nā mea ho'omalū pest a me nā lawelawe</li> </ul> <p>E 'ike i Nā Pōmaika'i Ho'ohui Kūikawā no ka ma'i ma'i (SSBCI) lālani pōmaika'i ma kēia pakuhi no ka 'ike hou aku no kēia mau pomaikai.</p>

## Mahele 1.6 Ho'ololi i ka Māhele D i ka uhi 'ana i ka lā'au

### Nā ho'ololi i kā Mākou papa inoa Laau laau Papa inoa

Kapa Papa inoa o na Laau Laau i uhiia 'ia ua kapa 'ia he Palapala ho'opuka a i 'ole Laau laau Papa inoa. E waiho ana kekahi kope o kā Laau laau Papa inoa Laau ma ka uila.

Ua hana mākou i nā ho'ololi i kā mākou Laau laau Papa inoa, hiki ke komo i ka wehe a ho'ohui 'ana i nā lā'au lapa'au, ho'ololi i nā kapu e pili anai kā mākou uhi no kekahi mau lā'au lapa'au, a i 'ole ka ho'one'e 'ana iā lākou i kahi pae koina-ka'ana like. **E nānā i ka papa inoa Laau laau Papa inoa e hō'ōia e uhi 'ia kāu mau lā'au lapa'au i ka makahiki a'e a e 'ike inā loa'a kekahi mau kapu, a i 'ole ua ho'one'e 'ia kāu lā'au lapa'au i kahi pae koina-ka'ana like.**

'O ka hapa nui o nā ho'ololi i ka Laau laau Papa inoa he mea hou no ka ho'omaka 'ana o kēlā me kēia makahiki. Eia na'e, hiki iā mākou ke hana i nā ho'ololi 'ē a'e i 'ae 'ia e nā lula Medicare e pili ana iā 'oe i ka makahiki alemanaka. Ho'opau mākou i kā mākou Laau laau Papa inoa ma ka lī'ili'i i kēlā me kēia mahina e hā'awi i ka papa inoa o nā lā'au lapa'au hou loa. Inā hana mākou i kahi ho'ololi e pili ana i kou komo 'ana i kahi lā'au āu e lawe nei, e ho'ouna mākou iā 'oe i kahi leka e pili ana i ka loli.

Inā pilikia 'oe i ka ho'ololi 'ana i ka uhi lā'au i ka ho'omaka 'ana o ka makahiki a i 'ole i ka makahiki, e nānā i ka Mokuna 9 o kāu *Hō'ike no ka uhi 'ana* a kama'ilio me kāu mea kuhikuhi 'ōlelo e 'ike i kāu mau koho lako manawa , e like me ke noi 'ana i kahi lako no ka manawa pōkole, noi no kahi 'oko'a, a/a i 'ole e hana ana e 'imi i kahi lā'au hou. Kāhea i Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) no ka 'ike hou aku.

## Mahele 1.7 Ho'ololi i nā pono a me nā uku o pomaikai ka lā'au lapa'au

### Loa'a iā 'oe ke Kōkua keu e uku i kāu mau koina ho'opi'i lā'au?

Inā 'oe i loko o kahi papahana e kōkua ana i ka uku no kāu mau lā'au lapa'au (Kōkua keu), **'a'ole pili iā 'oe ka 'ike e pili ana i nā koina no nā Māhele D Laau Laau.** Ho'ouna mākou iā 'oe i kahi mea 'oko'a, i kapa 'ia 'o *Hō'ike no ka uhi 'ana Rider no ka po'e i loa'a ke Kōkua keu aku e uku ana i nā lā'au lapa'au*, e ha'i iā 'oe e pili ana i kāu mau kumukū'ai lā'au. Inā loa'a iā 'oe ke Kōkua keu a 'a'ole loa'a iā 'oe kēia mea ma mua o ka lā 30 o Kepakemapa, 2025, e kelepona iā Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) a e noi i ka *LIS Rider*.

### Nā kahua uku lā'au

Aia **3 Nā kahua uku lā'au:** 'O ka pae Makahiki Hiki ke unuhi Ke Kahua, Ka Papa Ho'olaha Ho'omaka, a me Ka Papa Ho'opi'i Pō'ino. 'A'ole i loa'a hou ka Pae Ake Uhi a me ka 'Aha uhi Ho'emi Papahana ma ka pōmaika'i Māhele D.

- ***Ka Papa 1: Hiki ke unuhi i ka makahiki***

A'ohe o mākou Hiki ke unuhi, no laila 'a'ole pili kēia pae uku iā 'oe.

- ***Ka Papa 2: Ka uhi mua***

I kēia manawa, uku kā mākou ho'olālā i kāna mahele o ke kumukū'ai o kāu mau lā'au lapa'au, a uku 'oe i kāu 'āpana o ke kumukū'ai. Noho ma'amau 'oe i kēia pae a hiki i kāu mau kumukū'ai Ma waho o ka 'eke i makahiki a hiki i keia la i \$2,100.

- ***Ka Papa 3: 'O ka uhi 'ana i ka pō'ino***

'O kēia ke kolu a me ka pae hope loa o ka uku lā'au. I kēia pae, 'a'ole 'oe e uku no kāu mau Māhele D Laau Laau i uhi 'ia. Noho mau 'oe ma kēia pae no ke koena o ka makahiki alemanaka.

Ua pani 'ia ka Polokalamu Ho'oemi 'Aha uhi e ka Papahana ho'emi kumukū'ai a ka mea hana. Ma lalo o ka Papahana ho'emi kumukū'ai a ka mea hana, uku nā mea hana lā'au i ho'olālā kekahi hapa o kā mākou ho'olālā no nā lā'au lapa'au inoa Māhele D i uhi 'ia i ka wā o ka Ka Papa Ho'olaha Ho'omaka a me ka Ka Papa Ho'opi'i Pō'ino. 'A'ole helu 'ia nā kumukū'ai i uku 'ia e nā mea hana ma lalo o ka Papahana ho'emi kumukū'ai a ka mea hana i nā kumukū'ai o waho.

Hō'ike ka papa i kāu kumukū'ai no kēlā me kēia kau 'ana i kēia wā.

	2025 (keia makahiki)	2026 (makahiki a'e)
<b>Ho'oemi Hiki ke unuhi</b>	No ka mea, 'a'ohe o mākou hiki ke unuhi, 'a'ole pili kēia pae uku iā 'oe.	<b>No ka mea, 'a'ohe o mākou hiki ke unuhi, 'a'ole pili kēia pae uku iā 'oe.</b>

**Nā Koina La'au La'au ma ka Papa 2: Ho'opi mua**

Hō'ike ka papa 'aina i kāu kumukū'ai no kēlā me kēia 'ōlelo no ka ho'olako 'ana i ho'okahi mahina i ho'opiha 'ia ma kahi Lapa'au Pūnaewehele me ka Māhele kākī ma'amau a me ka Māhele kākī i makemake 'ia.

Ua uhi 'ia ka hapa nui o nā lā'au lapa'au Māhele D me ka uku 'ole iā 'oe.

Ke uku 'oe i \$2,100 mai loko mai o ka 'eke no nā Māhele D Laau Laau i uhi 'ia, e ne'e 'oe i ka pae a'e (Ka Papa Ho'opi'i Pō'ino).

	2025 (keia makahiki)	2026 (makahiki a'e)
<b>A Pau Lā'au i Uhi 'ia:</b>	Uku oe a \$0 copay no nā mea a pau i uhi 'ia Māhele D Laau Laau.  O kāu kumukū'ai no ho'okahi mahina (30-lā) kauoha leka uila he \$0.	<b>Uku oe a \$0 copay no nā mea a pau i uhi 'ia Māhele D Laau Laau.</b>  <b>O ho'okahi mahina (30-lā) ka palapala kauoha leka uila 'a'ole uhi 'ia.</b>

Ua ho'ololi mākou i ka pae no kekahi o nā lā'au lapa'au ma kā mākou Laau laau Papa inoa. No ka 'ike inā he 'oko'a kāu mau lā'au lapa'au, e nānā iā lākou ma ka Laau laau Papa inoa.

## Nā ho'ololi i kāu Pōmaika'i VBID Māhele D

Wehewehe	2025 (i kēia makahiki)	2026 (makahiki a'e)
<p><b>Māhele D ho'opau 'ana i ka koina ka'ana like</b></p>	<p>Ma muli o kou kūpono no ka ho'opau 'ana i ka koina ka'ana like kū'ai 'o Māhele D ma lalo o ka Kumu Waiwai Inikua Ho'olālā Waiwai (VBID), 'a'ole 'oe e uku no nā Māhele D Laau Laau āpau i uhi 'ia.</p> <p>Ua 'ae 'o Medicare iā Wellcare ehā'awi i kēia mau pomaikaima ke 'ano he 'āpana o ka Papahana ho'olālā 'inikua ma muli o ka waiwai. Hā'awi kēia papahana iā Medicare e ho'ā'o i nā ala hou e ho'omaika'i ai i nā ho'olālā Medicare Advantage Nā ho'olālā pono.</p>	<p>A'ole e hā'awi hou 'ia ka pōmaika'i VBID. Eia na'e, e ho'omau 'oe i ka loa'a 'ana o ka ho'opau 'ana i ka koina ka'ana like ma o kā mākou Pōmaika'i ho'ohui waiwai Medicaid (VAB).</p> <p>Me kā mākou Pōmaika'i ho'ohui waiwai Medicaid, 'a'ole 'oe e uku i nā copay lā'au lapa'au.</p> <p>Aia paha nā palena i nā 'ano lā'au i uhi 'ia. E 'olu'olu e nānā iā Wellcare 'Ohana Dual Align (HMO-POS D-SNP) Papa inoa o na Laau Laau i uhiia (Laau laau Papa inoa) no ka 'ike hou aku.</p>

## MAHELE 2 Hoololi Hooponopono

Hō'ike ka 'ike i loko o ka papa Ho'ololi Hoololi Hooponopono ma lalo nei i nā loli makahiki i kāu ho'olālā 'a'ole pili pono i nā pomaikai a i 'ole nā 'āpana kumu kū'ai.

	2025 (i kēia makahiki)	2026 (makahiki a'e)
<p><b>Noi Ho'oholo Ho'opili Hou</b></p>	<p>Hiki i nā lālā ke noi i kahi Ho'oholo Ho'opili ma mua o ka lā e hiki mai ana ka makahiki pomaikai.</p>	<p><b>Hiki i nā lālā ke noi i kahi Ho'oholo Ho'opili uhi ma a i 'ole ma hope o 1/1/2026. O nā noi i waiho 'ia ma mua o kēia lā e loilo wale 'ia no ka makahiki pomaikai o kēia manawa.</b></p>

	2025 (i kēia makahiki)	2026 (makahiki a'e)
<b>Nā koho ka hemo ana i nā lālā</b>	Inā pono 'oe e ho'ololi mai kā mākou ho'olālā i Original Medicare a i 'ole kekahi Ho'olālā Medicare Advantage, pono 'oe e ho'ouna mai iā mākou i kahi palapala noi e ho'opau inoa. No nā kiko'i hou aku, e 'olu'olu e nānā i ka Mokuna 10 o kāu Hō'ike no ka uhi 'ana.	<b>Inā pono 'oe e ho'ololi mai kā mākou ho'olālā i Original Medicare a i 'ole kekahi Ho'olālā Medicare Advantage, hiki iā 'oe ke ho'ouna mai iā mākou i kahi palapala noi no ka ha'alele 'ana a i 'ole e kipa i kā mākou pūnaewele no ka ho'opau inoa ma ka pūnaewele. No nā kiko'i hou aku, e 'olu'olu e nānā i ka Mokuna 10 o kāu Hō'ike no ka uhi 'ana.</b>
<b>Nā huahana ma'i kō 'oi aku ka makemake o ka Māhele B</b>	O OneTouch™ kā mākou mea ho'ā'o ma'i kō i makemake 'ia (nā māka'ika'i glucose a me nā 'āpana ho'ā'o). A'ole i uhi 'ia nā hō'ailona 'ē a'e ke 'ole pono ka lā'au lapa'au a 'ae 'ia.	<b>O Accu-Chek Guide™ a me True Metrix™ kāu mau lako ho'ā'o ma'i kō (nā māka'ika'i glucose a me nā 'āpana ho'ā'o). A'ole i uhi 'ia nā hō'ailona 'ē a'e ke 'ole pono ka lā'au lapa'au a 'ae 'ia.</b>

### MAHELE 3 Pehea e hoololi ai i na ho'olālā

**E noho ma Wellcare 'Ohana Dual Align (HMO-POS D-SNP), 'a'ole pono 'oe e hana i kekahi mea.** Inā 'a'ole 'oe e kau inoa no kahi ho'olālā 'ē a'e a ho'ololi paha i Original Medicare ma ka lā 7 Dekemaba, e ho'opa'a inoa 'ia 'oe i kā mākou Wellcare 'Ohana Dual Align (HMO-POS D-SNP).

Inā makemake 'oe e ho'ololi i nā ho'olālā no 2026, e hahai i kēia mau 'anu'u:

- **E ho'ololi i kahi Ho'olālā Ola Medicare 'ē a'e,** e kākau inoa i ka ho'olālā hou. E kāpae 'ia 'oe mai Wellcare 'Ohana Dual Align (HMO-POS D-SNP).
- **E ho'ololi i ka Original Medicare me ka uhi lā'au Medicare,** e kākau inoa i ka ho'olālā lā'au Medicare ho'olālā. E kāpae 'ia 'oe mai Wellcare 'Ohana Dual Align (HMO-POS D-SNP).

- **No ka ho'ololi 'ana iā Original Medicare me ka 'ole o ka ho'olālā lā'au lapa'au**, hiki iā 'oe ke ho'opau inoa mai iā mākou i kahi palapala noi e ha'alele a kipa paha i kā mākou pūnaewele no ho'opau inoa ma ka pūnaewele ma [go.wellcare.com/OhanaHI](http://go.wellcare.com/OhanaHI). Kāhea i Nā lawelawe Lālā ma 1-888-846-4262 (kahea nā mea ho'ohana TTY iā 711) no ka 'ike hou aku e pili ana i ka hana 'ana i kēia. A i 'ole kelepona **Medicare** ma 1-800-MEDICARE (1-800-633-4227) a noi aku e kāpae 'ia. Hiki i nā mea ho'ohana TTY ke kelepona 1-877-486-2048. Inā 'a'ole 'oe e kākau inoa i kahi ho'olālā lā'au Medicare, hiki iā 'oe ke uku i Ka Ho'opa'i no ka Ho'opa'a Inoa Lohi o ka Māhele D (e hele i ka Mahele 4).
- **No ka 'ike hou aku e pili ana i Original Medicare a me nā 'ano like 'ole o nā ho'olālā Medicare**, kipa [www.Medicare.gov](http://www.Medicare.gov), e nānā i ka puke lima *Medicare & 'oe 2026*, e kelepona i kāu Papahana Kokua Inisiua Ola (hele i Mahele 5), a i 'ole e kelepona iā 1-800-MEDICARE (1-800-633-4227).

### Mahele 3.1 Nā lā palena no ka ho'ololi 'ana i nā ho'olālā

Hiki i nā po'e me Medicare ke ho'ololi i kā lākou uhi mai **'Okakopa 15 - Dekemaba 7** i kēlā me kēia makahiki.

Inā ua kākau inoa 'oe i kahi Ho'olālā Medicare Advantage no Ianuali 1, 2026, a 'a'ole makemake 'oe i kāu koho ho'olālā, hiki iā 'oe ke ho'ololi i kahi Ho'olālā Ola Medicare 'ē a'e (me ka uhi 'ana i ka lā'au Medicare a 'ole paha) a i 'ole e ho'ololi i ka Original Medicare (me ka 'ole a i me ke kaawale ole uhi lā'au Medicare) ma waena o Ianuali 1 – Malaki 31, 2026.

### Mahele 3.2 He mau manawa 'ē a'e paha o ka makahiki e ho'ololi ai?

I kekahi mau kūlana, hiki i nā kānaka ke ho'ololi i kā lākou uhi i ka makahiki. Aia nā la'ana i nā po'e i:

- Loa'a Papahana Hawaii Med-QUEST Division Program (Medicaid)
- E ki'i i ke Kōkua keu no ka uku 'ana i kā lākou lā'au lapa'au
- Loa'a a ha'alele paha i ka 'oihana hana
- E ne'e i waho o kā mākou ho'olālā wahi lawelawe

Ma muli o kāu Hawaii Med-QUEST Division Program (Medicaid), hiki iā 'oe ke ho'opau i kou lālā i kā mākou ho'olālā ma ke koho 'ana i kekahi o kēia mau koho Medicare i kēlā me kēia mahina o ka makahiki:

- Original Medicare *me* kahi ho'olālā lā'au lapa'au 'oko'a Medicare,
- Original Medicare *me ka 'ole* he ho'olālā lā'au lapa'au 'oko'a Medicare (Inā koho 'oe i kēia koho, hiki iā Medicare ke ho'opa'a inoa iā 'oe i kahi ho'olālā lā'au lapa'au, ke 'ole 'oe i ha'alele i ke kākau inoa 'akomi.), a i 'ole
- Inā kūpono, he Hō'ohui D-SNP 'ia e hā'awi ana i kāu Medicare a me ka hapa nui a i 'ole o kāu mau pomaikai Hawaii Med-QUEST Division Program (Medicaid) a me nā lawelawe i ho'okahi ho'olālā.

Inā ua ne'e koke 'oe a i 'ole e noho nei i kahi ke'ena (e like me hale kahu hānai hale hanai akamai i 'ole ka haukapila mālama lō'ihi), hiki iā 'oe ke ho'ololi i kāu uhi Medicare i kēlā **me kēia manawa**. Hiki iā 'oe ke ho'ololi i kekahi Ho'olālā Ola Medicare 'ē a'e (me ka uhi 'ana i ka lā'au lapa'au Medicare a i 'ole) a i 'ole e ho'ololi iā Original Medicare (me ka 'ole a i me ke kaawale ole uhi lā'au Medicare) i kēlā me kēia manawa. Inā ha'alele 'oe i waho o kahi ke'ena, loa'a iā 'oe ka manawa e ho'ololi i nā ho'olālā a i 'ole e ho'ololi i ka Original Medicare no 2 mau mahina piha ma hope o ka mahina āu e ha'alele ai.

## MAHELE 4 E loa ke kōkua no ka uku ana i na laau lapaau

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Hiki paha iā 'oe ke kōkua no ka uku 'ana i nā lā'au lapa'au. Loa'a nā 'ano kōkua like 'ole:

- **Kōkua keu mai Medicare.** Kanaka me ka palenahiki ke loa'a i nā loa'a kālā ke Kōkua keu e uku i kā lākou mau Uku Laau Laau Laau Laau. Inā kūpono 'oe, hiki iā Medicare ke uku i ka 75% a 'oi aku paha o kāu mau kumukū'ai lā'au lapa'au, me nā uku ho'olālā lā'au lapa'au o kēlā me kēia mahina, nā mea unuhi makahiki, a me ka hō'oiā like. Eia kekahi, 'a'ole loa'a ka Ho'opa'i Ho'opa'a inoa lohi i ka po'e i kūpono. No ka 'ike inā pono 'oe, e kelepona iā:
  - 1-800-MEDICARE (1-800-633-4227). Hiki i nā mea ho'ohana TTY ke kelepona iā 1-877-486-2048, 24 hola o ka lā, 7 lā o ka pule.
  - Social Security ma 1-800-772-1213 ma waena o 8 a.m. a me 7 p.m., Pō'akahi - Pō'alima no kahi 'elele. Loa'a nā memo ma'alaha i nā hola 24 i ka lā. Hiki i nā mea ho'ohana TTY ke kall, 1-800-325-0778.
  - Kou ke'ena o ka Moku'āina Hawaii Med-QUEST Division Program (Medicaid).

## MAHELE 5 Na ninau?

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### Loa'a i ke kōkua mai Wellcare 'Ohana Dual Align (HMO-POS D-SNP)

- **Kāhea i Nā lawelawe Lālā ma 1-888-846-4262. (Kahea nā mea ho'ohana TTY iā 711.)**

Loa'a mākou no nā kelepona. Ma waena o 'Okakopa 1 a me Malaki 31, loa'a nā 'elele i ka Pō'akahi-Sabati, 7:45 a.m. a i 8 p.m. Ma waena o 'Apelila 1 a me Sepatemaba 30, loa'a nā 'elele i ka Pō'akahi-Pā'alima, 7:45 a.m. a i 8 p.m. He manuahi ke kelepona 'ana i kēia mau helu.

- **E heluhelu i kāu 2026 Hō'ike no ka uhi 'ana**

'O kēia *Hoolaha Makahiki o Nā ho'ololi* hā'awi iā 'oe i kahi hō'ulu'ulu o nā loli i kāu mau pomaikai a me nā koina no 2026. No nā kiko'i, e hele i ka 2026 *Hō'ike no ka uhi 'ana* no ka mea Wellcare 'Ohana Dual Align (HMO-POS D-SNP). 'O ka *Hō'ike no ka uhi 'ana* 'o ia ke kōkua, ka wehewehe kiko'i o kā mākou mau pomaikai ho'olālā. E wehewehe ana i kou kuleana a me nā lula e pono ai 'oe e hahai no ka loa'a 'ana o nā lawelawe i uhi 'ia a me nā lā'au lapa'au. E ki'i i ka *Hō'ike no ka uhi 'ana* ma kā mākou pūnaewehe ma [go.wellcare.com/OhanaHI](https://go.wellcare.com/OhanaHI) a kelepona paha Nā lawelawe Lālā at 1-888-846-4262 (Kāhea nā mea ho'ohana TTY iā 711) e noi mai iā mākou e leka uila iā 'oe i kope.

- **Kipa** [go.wellcare.com/OhanaHI](http://go.wellcare.com/OhanaHI)

Loa'a i kā mākou pūnaeweke ka 'ike hou loa e pili ana i kā mākou pūnaeweke ho'olako (*Papa Kuhikuhi Mea Ho'olako a me nā Hale Lā'au Lapa'au*) and our *Papa inoa o na Laau Laau i uhiia* (Palapala ho'opuka/Laau laau Papa inoa).

## Loa'a i ka 'ōlelo a'ō manuahi e pili ana i ka Medicare

He Polokalamu Aupuni Papahana Kokua Inisiua Ola (SHIP) me nā luna ho'oponopono i a'ō pono 'ia ma nā moku'āina a pau. Ma Hawaii, ua kapa 'ia ka SHIP ma ka Papahana Kokua Inisiua Ola Moku'āina o Hawaii (SHIP).

Kāhea iā Hawaii Papahana Kokua Inisiua Ola (SHIP) ma ka loa'a 'ana o ka 'ōlelo a'ō 'inikua ola pilikino manuahi. Hiki iā lākou ke kōkua iā 'oe e ho'omaopopo i kāu mau koho ho'olālā Medicare a me Hawaii Med-QUEST Division Program (Medicaid) a ho'olālā i nā nīnau e pili ana i ka ho'ololi 'ana i nā ho'olālā. Kāhea iā Hawaii Papahana Kokua Inisiua Ola (SHIP) ma 1-888-875-9229. E a'ō hou e pili ana iā Hawaii Papahana Kokua Inisiua Ola (SHIP) ma ke kipa 'ana (<http://www.hawaiiiship.org/>).

## Loa'a i ke kōkua mai Medicare

- **Kāhea iā 1-800-MEDICARE (1-800-633-4227)**

Hiki iā 'oe ke kāhea iā 1-800-MEDICARE (1-800-633-4227), 24 mau hola i ka lā, 7 lā o ka pule. Hiki i nā mea ho'ohana TTY ke kelepona 1-877-486-2048.

- **E kama'ilio ola me [www.Medicare.gov](http://www.Medicare.gov)**

Hiki iā 'oe ke kama'ilio ola ma [www.Medicare.gov/talk-to-someone](http://www.Medicare.gov/talk-to-someone).

- **Kākau iā Medicare**

Hiki iā 'oe ke kākau iā Medicare ma PO Box 1270, Lawrence, KS 66044

- **Kipa [www.Medicare.gov](http://www.Medicare.gov).**

Loa'a i ka pūnaeweke Medicare oihana ka 'ike e pili ana i ke kumukū'ai, ka uhi, a me ka maika'i o Star Ratings e kōkua iā 'oe e ho'ohālikelike i nā ho'olālā olakino Medicare ma kou wahi.

- **E heluhelu iā *Medicare & 'oe 2026***

Ho'ouna 'ia ka puke lima *Medicare & 'oe 2026* i ka po'e me Medicare i kēlā me kēia hā'ule. Loa'a iā ia kahi hō'ulu'ulu o nā pomaikai Medicare, nā kuleana a me nā pale, a me nā pane i nā nīnau i nīnau pinepine 'ia e pili ana i Medicare. E ki'i i kope ma [www.Medicare.gov](http://www.Medicare.gov) a i 'ole ma ke kelepona 'ana iā 1-800-MEDICARE (1-800-633-4227). Hiki i nā mea ho'ohana TTY ke kelepona 1-877-486-2048.

## **Loa'a i ke Kōkua mai Hawaii Med-QUEST Division Program (Medicaid)**

E Hawaii Med-QUEST Division Program (Medicaid) ma 1-800-316-8005 mai ka hola 7:45 a.m. - 4:30 p.m. HT, Poakahi - Poalima. Kāhea nā mea ho'ohana TTY iā 711 no ke kōkua me ka Hawaii Med-QUEST Division Program (Medicaid) kākau inoa a i 'ole nā nīnau pomaikai.