

Commonly Prescribed Medications with Age Restrictions



Certain prescribed medications on [Wellcare's drug formulary](#) may require prior authorization (PA) based on the member's age.

The table below lists potential alternatives that do not require a PA. Please note these alternatives are suggested based on possible shared indications and may be considered high risk in older populations. We recognize that management of each patient's drug therapy is dependent upon a patient's whole clinical presentation and that specific alternative medications should be determined by prescribers.

Medication	Age Edit	Potential Alternative(s) Not Requiring PA*
Benzotropine Mesylate	PA if ≥ 70 years	Amantadine [‡] , carbidopa/levodopa, pramipexole, or ropinirole
Clorazepate Dipotassium	PA if ≥ 65 years	SSRIs [‡] , SNRIs
Cyclobenzaprine HCl	PA if ≥ 70 years	Baclofen or tizanidine
Cyproheptadine HCl	PA if ≥ 70 years	Cetirizine, levocetirizine, desloratadine, azelastine nasal, fluticasone nasal [‡] , or flunisolide nasal [‡]
Diazepam	PA if ≥ 65 years	SSRIs [‡] , SNRIs
Dipyridamole	PA if ≥ 70 years	Aspirin-dipyridamole ER, clopidogrel
Guanfacine HCl IR	PA if ≥ 70 years	Clonidine, thiazide diuretics, calcium channel blockers, RAAS inhibitors [‡]
Hydroxyzine HCl Hydroxyzine Pamoate	PA if ≥ 70 years	Bupirone, duloxetine [‡] , escitalopram, sertraline, or venlafaxine ER
Phenobarbital	PA if ≥ 70 years	Divalproex sodium, lamotrigine, levetiracetam
Promethazine HCl	PA if ≥ 70 years	Cetirizine, levocetirizine, desloratadine, azelastine nasal, fluticasone nasal [‡] , or flunisolide nasal [‡]
Scopolamine	PA if ≥ 70 years	Ondansetron, meclizine
Temazepam	PA if ≥ 65 years	Doxepin (3 mg or 6 mg) [‡]
Trihexyphenidyl HCl	PA if ≥ 70 years	Amantadine [‡] , carbidopa/levodopa, pramipexole, or ropinirole
Zolpidem Tartrate	PA if ≥ 70 years	Doxepin (3 mg or 6 mg) [‡]

SSRIs: Selective serotonin reuptake inhibitors; SNRIs: Serotonin-norepinephrine reuptake inhibitors; RAAS: Renin-angiotensin-aldosterone system.* This is not a complete list of all formulary alternatives.[‡] May have a quantity limit per month in place.[‡] SSRIs with safest adverse effect profile in the elderly: citalopram, escitalopram and sertraline.

Coverage Determination Requests

If an alternative medication is inappropriate for your patient or is unavailable, PAs can be submitted electronically with [Cover My Meds](#) (Wellcare's preferred method) or by fax or mail. For more information, please visit [Wellcare.com/Florida](#) or call Provider Services at 1-855-538-0454.