



Quality



February is National Children's Dental Health Month

Oral health is important, especially for young ones whose teeth are only starting to grow. When kept unclean, long-term effects or conditions may arise, including bad breath or halitosis.

Regardless whether you work for a dental organization or team, or are a teacher or concerned parent, the **American Dental Association** provides free online tools and resources, including oral health presentations, concepts for viable classroom projects, and coloring and activity sheets that may be utilized as handouts. The **ADA** also offers booklets, pamphlets, tutorial videos and other tools that you can buy through the organization's catalog.

Source: <http://www.kidsmentalhealth.org/national-childrens-dental-health-month/>

February is American Heart Month

Heart disease is the leading cause of death for men and women in the United States. Every year, 1 in 4 deaths are caused by heart disease. The good news? Heart disease often can be prevented when people make healthy choices and manage their health conditions. Communities, health professionals and families can work together to help people make healthier choices. Make a difference in your community: Spread the word about strategies for preventing heart disease and encourage people to live heart healthy lives.

How can American Heart Month make a difference?

Use this month to raise awareness about heart disease and how people can prevent it at home and in their community.

Source: <https://healthfinder.gov/nho/februarytoolkit.aspx>



Here are a few ideas:

- Encourage families to make small changes, like using spices to season their food instead of salt.
- Motivate teachers and administrators to make physical activity a part of the school day. This can help students start good habits early.
- Ask doctors and nurses to be leaders in their communities by speaking out about ways to prevent heart disease.

Join the Conversation on Social Media

Join our digital and social communities for up-to-date information on how we're working with you and others to help our members live better, healthier lives.





Updating Provider Directory Information

We rely on our provider network to advise us of demographic changes so we can keep our information current.

To ensure our members and Care Management staff have up-to-date provider information, please give us advance notice of changes you make to your office phone number, office address or panel status (open/closed). Thirty-day advance notice is recommended.

New Phone Number, Office Address or Change in Panel Status:

Please call us at **1-855-599-3811**. Thank you for helping us maintain up-to-date directory information for your practice.



Community Connections HELP Line

1-866-775-2192

We offer non-benefit resources such as help with food, rent and utilities.

Electronic Funds Transfer (EFT) through PaySpan®

Five reasons to sign up today for EFT:

- ① You control your banking information.
- ② No waiting in line at the bank.
- ③ No lost, stolen, or stale-dated checks.
- ④ Immediate availability of funds – no bank holds!
- ⑤ No interrupting your busy schedule to deposit a check.

Setup is easy and takes about five minutes to complete. Please visit www.payspanhealth.com/nps or call your Provider Relations representative or PaySpan at **1-877-331-7154** with any questions.

We will only deposit into your account, not take payments out.

Provider Resources



1-855-599-3811



www.wellcare.com/Nebraska/Providers

Provider News – Provider Portal

Remember to check messages regularly to receive new and updated information. Access the secure portal using the Secure Login area on our homepage. You will see *Messages from WellCare* on the right. Provider Homepage - www.wellcare.com/en/Nebraska/Providers.

Resources and Tools

You can find guidelines, key forms and other helpful resources from the homepage as well. You may request hard copies of documents by contacting your Provider Relations representative.

Refer to our *Quick Reference Guide*, for detailed information on many areas such as Claims, Appeals, Pharmacy, etc. These are located at www.wellcare.com/en/Nebraska/Providers/Medicaid.

Additional Criteria Available

Please remember that all Clinical Guidelines detailing medical necessity criteria for several medical procedures, devices and tests are available on our website at www.wellcare.com/en/Nebraska/Providers/Clinical-Guidelines.

Provider Relations Team

Eric Dragseth	eric.dragseth@wellcare.com
Michelle Hartman	michelle.hartman@wellcare.com
Kami Hudson	kami.hudson@wellcare.com
Angi Tran	angela.tran@wellcare.com