



Pediatric Preventive Health Information for Staywell Members

Age	Well-Baby Checkups and Shot Guide
Newborn	Well-baby checkup* at birth; hearing test; newborn screening blood tests and Hepatitis B (HepB) shot
3–5 Days	Well-baby checkup*; newborn screening blood test and Hepatitis B (HepB) shot if not done at birth. This visit is important. Babies sent home within 48 hours of birth need this.
1 month	Well-baby checkup*; second HepB; newborn screening blood test if not already completed
2 Months	Well-baby checkup*; Diphtheria, Tetanus and Pertussis (DTaP); Rotavirus (RV); Polio (IPV); Pneumococcal (PCV); Haemophilus influenzae type b (Hib) shots; newborn screening blood test if not already completed
4 Months	Well-baby checkup*; DTaP; Hib; IPV; PCV; RV
6 Months	Well-baby checkup*; DTaP; HepB; Hib; IPV; PCV; RV; influenza yearly
9 Months	Well-baby checkup*; blood lead test
12 Months	Well-baby checkup*; blood lead; hemoglobin or hematocrit; Hib; Measles, Mumps, Rubella (MMR); Hepatitis A (HepA); Varicella (chicken pox); PCV; influenza yearly; dental visit as need identified**
15 Months	Well-baby checkup*; DTaP; Hib; urine test and blood lead if not done at 9 months or 12 months
18 Months	Well-baby checkup*; second HepA (6 months after the first dose); dental visit
24 Months	Well-baby checkup*; blood lead test; influenza yearly; dental visit
30 Months	Well-baby checkup*
3 Years	Well-child checkup* at 3 years; eye screening; dental visit twice a year; influenza yearly sometime between ages 2 and 3; Immunizations: PPV, HepA Series, MCV4 (high-risk groups)
4–5 Years	Well-child checkup* every year; eye screening. MMR; DTaP and IPV sometime between ages 4 and 6; influenza yearly; dental visit twice a year; urine test at age 5 years
Age	Well-Child Checkups and Shot Guide
4–6 Years	Immunizations: DTaP (final dose); IPV, MMR (second dose); Varicella (second dose); PPV; HepA Series; MCV (high-risk groups); influenza yearly
6–10 Years	Well-child checkup* every year; influenza yearly; dental visit twice a year
11 to 12 Years	Well-child checkup* every year; Meningococcal shot; Tetanus, diphtheria and pertussis shot (Tdap), (HPV, 3 doses); influenza yearly; dental visit twice a year
13 to 21 Years	Well-adolescent checkup* every year; HPV vaccination if not done by the age of 11 or 12; influenza yearly; dental visit twice a year; urine test by age 16; females should have a pelvic exam and Pap smear between 18 and 21 years



NOTES:

*What do these exams include? Exams with infant totally unclothed. Older child may be undressed and covered.

What else?

- Health history
- Developmental and behavioral assessment
- Health education (sleep position counseling from 0-9 months, injury/violence prevention and nutrition counseling)
- Height
- Weight
- Test for obesity (known as BMI)
- Vision and hearing screening
- Head circumference at 0–24 months
- Blood pressure at least every year beginning at age 3

Your doctor will also perform the following services as needed:

1. Hemoglobin or hematocrit at ages 4, 18, 24 months and 3 years through 21 years old
2. Lead risk assessments and/or testing from 3 to 6 years old
3. Tuberculosis risk assessments and/or testing from age 12 months through 21 years old
4. Cardiovascular disease risk assessments and cholesterol screening from age 2 years through 21 years old
5. Sexually transmitted infections testing from age 11 years through 21 years old
6. “Catch up” on any shots that have been missed at an earlier age

**Dental visits may be recommended beginning at 6 months.

This is just a guide. It does not replace your doctor’s advice. Talk with your doctor to make sure you and your family gets the right tests and care.