

# PATIENT FAX ALERT



## \*\*ATTACH TO PATIENT'S CHART\*\*

Physician: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
Patient: \_\_\_\_\_ Admitted To: \_\_\_\_\_  
Member ID: \_\_\_\_\_ Admit Date: \_\_\_\_\_  
Diagnosis: \_\_\_\_\_ Discharge Date: \_\_\_\_\_

This member was recently hospitalized and our records reflect the following lab results.

HbA1C Date: **2/4/2006** Level: **8.5** LDL-C Date: **12/12/2006** Level: **128**

If you are considering medication therapy changes or additions please refer to our applicable preferred drug list below.

### **Preferred Drug List:**

Sulfonylureas: glipizide, glyburide, glimepiride, and glipizide XL

Biguanides: metformin

Thiazolidinediones: Avandia<sup>®</sup>

Combination Medications: Avandamet<sup>®</sup>, Glucovance<sup>®</sup>

Alpha-Glucosidase Inhibitors: Precose<sup>®</sup>

Insulins: Novolog<sup>®</sup>, Novolin<sup>®</sup>, Novolin Pens<sup>®</sup>, and Lantus<sup>®</sup>

### **For lipid management:**

Statins: Lovastatin, Altacor<sup>®</sup>, Lescol XL<sup>®</sup>, Zocor<sup>®</sup>

Bile Acid Sequestrants: Questran<sup>®</sup>, Questran Light<sup>®</sup>

Niacin: Slo-Niacin<sup>®</sup>

Fibrates: gemfibrozil

**\*Note medication coverage is subject to generic, brand and co-pay benefit structure.**

### **American Diabetes Association Guidelines\* Recommend:**

- HbA1C measured two times per year, if stable; quarterly if not stable
- HbA1C Level: <6.0%
- Lipid Profile (LDL-C screening) at least once a year
- LDL-C <100mg/dl, fasting triglycerides < 150 mg/dl, and total cholesterol < 200 mg/dl
- Retinal eye exam performed annually (Refer to Primary Plus for Medicaid 1-800-749-5855)
- Urinalysis for Microalbuminuria: at least annually (dipstick or quantitative)
- Annual dental exam, and thorough foot exam by a physician/podiatrist
- Regular counseling on tobacco cessation, diet and exercise modification

\* Adaptation & Excerpts from the 2004 Clinical Practice Guidelines of the American Diabetes Association (Full text may be accessed via [www.diabetes.org](http://www.diabetes.org) or 1-800-DIABETES).

Address questions to our Diabetes Disease Management Program 1-866-593-2358.

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